

Lonely

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mark Simpkin (AUS)
音乐: She's About As Lonely As I'm Going to Let Her Get - Brooks & Dunn



TOUCH, KICK BALL CROSS, SCUFF, SIDE SHUFFLE, CROSS, UNWIND FULL TURN RIGHT

- 1-2&3-4 Touch right toe beside left, kick right forward, step down on right, cross left over right (kick ball cross), scuff right
- 5&6-7-8 Step right to right side, step left together, step right to right side, cross left over right, unwind full turn on right

SIDE SHUFFLE TO LEFT, ROCK BACK, REPLACE, SIDE SHUFFLE RIGHT, TOUCH LEFT BEHIND, UNWIND $\frac{3}{4}$ TURN LEFT

- 1&2-3-4 Step left to side, step right together, step left to side, rock back on right, replace weight on left
- 5&6-7-8 Step right to side, step left together, step right to side, touch left behind, unwind $\frac{3}{4}$ turn left (weight on left)

Restart from here on wall 5

FORWARD ROCK, REPLACE, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, RIGHT COASTER STEP, FORWARD LEFT SHUFFLE

- 1-4 Rock forward on right, replace on left, making $\frac{1}{2}$ turn right step forward on right, making $\frac{1}{2}$ turn right step back on left
- 5&6-7&8 Step back on right, step together on left, step forward on right, step forward on left, step together on right, step forward on left

FORWARD ROCK, REPLACE, TOGETHER, KICK, KICK, TOGETHER, STEP $\frac{1}{4}$ PIVOT TURN, HOLD, BALL, CROSS

- 1-2&3-4 Forward rock on right, replace weight on left, step together on right, kick left foot forward twice
- &5-6-7&8 Step together on left, step forward on right, $\frac{1}{4}$ pivot turn left (leave weight on right), hold, step on left, cross right over left

SIDE, REPLACE, BEHIND, SIDE, CROSS, BEHIND, SIDE, BALL, $\frac{1}{4}$ TURN LEFT, BACK

- 1-2-3&4 Step left to left side, replace weight on right, step left behind, step right to side, cross left over right
- 5-6&7-8 Replace weight on right, step left to side, step right together, making $\frac{1}{4}$ turn left rock forward on left, rock back on right

LEFT COASTER, PIVOT $\frac{1}{2}$, TURN $\frac{1}{2}$, BACK, BACK, HOLD, BALL, STEP

- 1&2-3-4 Step back on left, step together on right, step forward on left, pivot $\frac{1}{2}$ turn right, making $\frac{1}{2}$ turn right step back on left
- 5-6-7&8 Step back on right, step back on left, hold, step together on right, step forward on left

REPEAT

RESTART

On wall 5, dance the 1st 16 counts, and then start again