

# Lonely Cowgirl

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Marg Jones (CAN)  
音乐: I Feel Lucky - Mary Chapin Carpenter



Start with left heel diagonally out in front at 10 o'clock

## SCISSOR STEPS X 2

- & Left foot steps beside right
- 1 Right foot across left and step
- & Left foot steps slightly to left
- 2 Place right heel diagonally out at 2 o'clock
- & Right foot steps beside left
- 3 Left foot across right and step
- & Right foot steps slightly to right
- 4 Place left heel diagonally out at 10 o'clock

## ¼ TURN TO THE LEFT, TOE BACK, HEEL FRONT, OUT, OUT, HOLD & CLAP

- & Turning ¼ turn to left, quickly step on left foot
- 5 Touch right toe behind
- & Quickly step on right foot
- 6 Touch left heel out to front
- &7 Small step out on left, small step out on right
- 8 Hold (& clap)

## IN, IN, OUT, OUT, WALK FORWARD LEFT, RIGHT, KICK & HOPS WITH TURNS, STEP

- &9 Left foot returns to home, right returns home (feet are together)
- &10 Small step out on left, small step out on right
- 11-12 Walk forward left, right

## "Whoop" on counts 13, 14, and 15

- 13 Hopping on right, kick left out in front
- 14 (keeping left foot in air) make ¼ turn left, hopping on right, kick left out in front
- 15 (keeping left foot in air) make ¼ turn left, hopping on right, kick left out in front
- 16 Step left foot down beside right

## CROSS ROCK, RECOVER, TRIPLE STEPS WITH ½ TURN TO THE RIGHT (TWICE), ROCK BACK, RECOVER

- 17 Cross right foot over left, step & rock forward
- 18 Step back on left
- 19&20 Triple step, right-left-right, while making ½ turn to the right
- 21&22 Triple step, left-right-left, while making ½ turn to the right (completing full circle turn)
- 23 Rock back on right foot
- 24 Step down on left foot

## FORWARD SAILOR SHUFFLES; JAZZ BOX WITH HEEL OUT

- 25 Step right across left,
- & Step left slightly to left
- 26 Step right beside left
- 27 Step left across right
- & Step right slightly to right
- 28 Step left beside right

- 29 Step left across right
- 30 Step back on left
- 31 Step right beside left
- 32 Place left heel diagonally out at 10 o'clock

**REPEAT**

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