The Long Goodbye



拍数: 64 墙数: 4 级数: Intermediate/Advanced

编舞者: Tim Gauci (AUS)

音乐: The Long Goodbye - Ronan Keating



STEP BACK, SLIDE, TOUCH & REVERSE PIVOT, STEP BACK, SLIDE, TOUCH & REVERSE PIVOT

1-4 Step right back, slide left foot next to right, touch left toe back (sort of a continuation of the

slide back), reverse pivot ½ turn to left (weight on right)

5-8 Step left back, slide right foot next to left, touch right toe back (sort of a continuation of the

slide back), reverse pivot ½ turn to right (weight on left)

BACK, HOLD, REPLACE, 1/4 TURN, ROCK, REPLACE, 3/4 TURN

1-4 Step right back, hold, replace weight onto left, step right to right side making a ¼ turn to the

left

5-8 Step back left, replace weight onto right, step left back making a ¼ turn to the right, step right

forward making a ½ turn to the right

FORWARD, HOLD, REPLACE, 1/4 TURN, WEAVE TO LEFT

1-4 Step left forward, hold, replace weight onto right, step left to left side making a ¼ turn to the

left

5-8 Step right over left, step left to left, step right behind left, step left to left

CROSS, HOLD, REPLACE, SIDE, CROSS, REVERSE FULL TURN

1-4 Step right over left, hold, replace weight onto left, step right to right side

5-8 Step left over right, step right back making a ½ turn to left, step left forward making a ½ turn

to left, step right to right making a $\frac{1}{4}$ turn to left

BACK, HOLD, REPLACE, SIDE, BACK, HOLD, REPLACE, SIDE

Step left back, hold, replace weight onto right, step left to left side
Step right back, hold, replace weight onto left, step right to right side

1/4 TURN COASTER, SWEEP RIGHT, SWEEP LEFT, 3/4 TURN

1-4 Step left back making a ¼ turn to the left, step right together, step left forward, sweep right

foot around in front of left

5-8 Step right over left, sweep left around in front of right, step left over right, unwind \(^3\)4 turn to

right (weight on left)

BACK, HOLD, REPLACE, STEP, PIVOT TURN, PIVOT TURN

Step right back, hold, replace weight onto left, step right slightly forward
 Step left forward, pivot ½ turn to right, step left forward, pivot ½ turn to right

FORWARD, HOLD, REPLACE, STEP BACK, CROSS, BACK, TOUCH BACK, UNWIND

1-4 Step left forward, hold, replace weight onto right, step left back

5-8 Step right over left, step left back, touch right toe back, reverse pivot ½ turn to right (weight

left)

REPEAT