Loraine



拍数: 40 墙数: 2 级数:

编舞者: Glynn Holt (UK) 音乐: Loraine - Jenai



EXTENDED VINE RIGHT, RIGHT SIDE ROCK CROSS, HOLD

1-4 Step right to right side, cross left behind right, step right to right side, cross step left over right

5-8 Rock right to right side, recover weight on left, cross step right over left, hold

VINE QUARTER TURN LEFT, SCUFF, SHUFFLE FORWARD, ROCK, RECOVER

Step left to left side, cross right behind left
Step left ¼ turn left, scuff right forward
Shuffle forward on right, left, right
Rock forward on left, recover on right

BACK SHUFFLE, ½ TURNING SHUFFLE, STEP ½ TURN, WALK FORWARD TWICE

1&2 Shuffle back on left, right, left

Make a ½ turn over right shoulder shuffling on right left right

Step forward on left make and pivot ½ over right shoulder

7-8 Walk forward left right

SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE, ROCK RECOVER

1&2 Side shuffle to left on, left right left
3-4 Rock back on right, recover on left
5&6 Side shuffle to right on right left right
7-8 Rock back on left, recover on right

VINE 1/4 TURN LEFT, JAZZ BOX ON SPOT WITH A TOUCH

1-2 Step left to left side, cross right behind left

3-4 Step left ¼ turn, touch right next to left (weight on left)

5-6 Cross right over left, step back on left

7-8 Step right to right side, touch left next to right putting weight on left foot

REPEAT