Lose Completely

拍数: 32

级数: Beginner

编舞者: David J. Woods (UK)

音乐: When My Baby - Scooch

CROSS ROCK. CHASSE WITH ¼ TURN LEFT. STEP WITH PIVOT ½ TURN TO LEFT. SHUFFLE FORWARD

- 1-2 Cross rock left over right. Back onto left
- 3&4 Chasse left making a ¼ turn to left stepping left, right, left
- 5-6 Step forward onto right foot. Pivot ½ turn to left
- 7&8 Shuffle forward right stepping right, left, right

SHUFFLE FORWARD. ROCK FORWARD. STEPPING BACK

- 9&10 Shuffle forward left stepping left, right, left
- 11-12 Rock forward onto right. Back onto left
- 13-14 Step back onto right. Step back onto left
- 15-16 Step back onto right. Touch left beside right

SIDE STEPS TO THE LEFT. HEEL & TOES PIVOTS RIGHT

- 17-18 Step left to left side. Step right beside left
- 19-20 Step left to left side. Step right beside left & clap hands once
- 21-22 Pivot your heels right. Pivot your toes right
- 23-24 Pivot your heels right. Hold and clap hands twice

JAZZ BOX WITH ¼ TURN TO RIGHT. SIDE ROCK. CHASSE RIGHT

- 25-26 Cross right foot over left. Step back onto left
- 27-28 Step right to side making 1/4 turn to right. Step left beside right (weight on left)
- 29-30 Rock right foot out to right side. Back onto left
- 31&32 Chasse right stepping right, left, right

REPEAT





墙数: 2