

# Lost Feelings

拍数: 24      墙数: 4      级数: Beginner  
编舞者: Roy Verdonk (NL) & Darren Bailey (UK)  
音乐: Lost in the Feeling - Mark Chesnutt



## WHISKS LEFT, RIGHT

- 1 Step left foot forward,
- 2 Step right foot to right side and slightly forward
- 3 Lock left foot behind right foot
- 4 Step right foot forward,
- 5 Step left foot to left side and slightly forward
- 6 Lock right foot behind left foot

## RONDE LEFT ½ TURN LEFT

- 1 Touch left toe forward
- 2 Ronde left foot ½ turn left,
- 3 Collect left foot next to right, weight ends on left foot. (now facing 6:00)

## 1 ½ TURNS LEFT

- 4 ½ turn left on left foot, step back on right foot
- 5 ½ turn left on right foot, step forward on left foot
- 6 ½ turn left on left foot, step back on right foot. (now facing 12:00)

## STEP BACK AND DRAG

- 1 Long step back on left foot
- 2-3 Drag right foot next to left foot over 2 counts. Weight ends on left foot

## STEP SIDE AND DRAG

- 4 Step right foot to right side
- 5-6 Drag left foot next to right foot over 2 counts. Weight ends on right foot

## ¾ TURN LEFT

- 1 ¼ turn left on right foot, step forward left (now facing 9:00)
- 2 ½ turn left on left foot, step right foot back. (now facing 3:00)
- 3 Step back on left foot

## RIGHT BALANCE

- 4 Step back on right foot
- 5 Step left foot next to right foot
- 6 Change weight to right foot

## REPEAT

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