Lot Of Leavin' Left To Do

拍数: 32

级数: Improver west coast swing

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音乐: Lot of Leavin' Left to Do - Dierks Bentley

POINT ¼ TURN, HITCH, SHUFFLE, KICK, COASTER STEP

- 1-2-3&4 Point right toe to right side, hitch right knee pivoting ¼ turn to left on ball of left foot, shuffle forward right, left, right
- 5-6-7&8 Kick left forward, step back on left, step back right, step left together, step forward right

POINT ¼ TURN, HITCH, SHUFFLE, KICK, COASTER STEP

- 1-2-3&4 Point left toe to left side, hitch left knee pivoting ¼ turn to right on ball of right, shuffle forward left, right, left
- 5-6-7&8 Kick right forward, step back right, step back left, step right together, step forward left

KICK BALL CHANGE, SIDE SHUFFLE, ROCK STEP

- Kick right forward, step down slightly on ball of right foot, change weight to left foot twice 1&2-3&4
- 5&6-7-8 Side shuffle right, right, left, right, rock back on left, recover right

PIVOT ¾ TURN RIGHT, SHUFFLE, BACK ROCK STEP

- 1-2 Step forward on left pivoting 1/4 turn right on ball of both feet letting weight come back to right foot
- 3-4 Step forward on left pivoting 1/2 turn right on ball of both feet letting weight come back to right foot
- Shuffle forward left, right, left rock back on right, recover left 5&6-7-8

REPEAT





墙数:4