

Louisiana Hot Cross

COPPER KNOB
STEPPERS

拍数: 80 墙数: 1 级数: Beginner contra dance
编舞者: Pepper Siquieros (USA)
音乐: Louisiana Hot Sauce - Sammy Kershaw



2X(RIGHT SHUFFLE, STOMP, CLAP, RIGHT KICK BALL CHANGE, STOMP, STOMP)

Contra lines are facing each other as they pass on counts 1-16

- 1&2 Shuffle forward: right, left, right
- 3-4 Stomp forward left, hold and clap hands
- 5&6 Right kick ball change
- 7-8 Stomp forward right, stomp forward left (weight ends up on left)
- 9-16 Repeat steps 1-8

STEP RIGHT, ½ PIVOT, STOMP, TOUCH, GRAPEVINES LEFT & RIGHT

- 17-18 Step forward right, pivot ½ to left (weight shifts to left)
- 19-20 Stomp right in place, touch left next to right
- 21-24 Step side left, right behind left, step side left, scuff right
- 25-28 Step side right, left behind right, step side right, scuff left

HEEL SWAPS, STEP ¼ LEFT PIVOT, WALK FORWARD, KICK, WALK BACK, TOUCH

- &29&30 Bring left foot in, right heel forward, bring right foot in, left heel forward
- &31-32 Bring left foot back, step forward on right, pivot ¼ left weight transfers to left foot
- 33-36 Walk forward right, left, right, kick left foot forward
- 37-40 Walk back left, right, left touch right next to left

STOMP RIGHT FORWARD, SHAKE DOWN SHAKE UP, HIP ROLLS WITH ¼ TURN LEFT

- 41-44 Put left hand on left hip and stomp right forward as you shake right shoulder 4 counts while bending at waist and leaning right shoulder forward and down slowly with each beat
- 45-48 Shake right shoulder 4 counts as you rise slowly to upright position
- 49-52 Roll hips to the left 4 counts as you pivot ¼ left, weight ends up on left

STEP SLIDE RIGHT, TOUCH, STEP SLIDE LEFT, TOUCH, HIP ROLLS WITH ¼ TURN LEFT

Contra lines should be back to back now as they step slide right and left

- 53-56 Step side right, slide left next to right, step side right, touch left next to right and clap
- 57-60 Step side left, slide right next to left, step side left, touch right next to left and clap
- 61-64 Roll hips to the left 4 counts as you pivot ¼ left, weight ends up on left

TOE HEEL STRUTS SIDE LEFT, RIGHT JAZZ BOX WITH ¼ TURN RIGHT

Contra lines are passing each other as they toe strut sideways and to their left

Optional: hold arms out to side and shimmy/shake shoulders as you toe strut steps 65-76

- 65-66 Cross right over left weight on right toe, slap right heel down
- 67-68 Step side left onto toe of left, slap left heel down
- 69-70 Cross right over left weight on right toe, slap right heel down
- 71-72 Step side left onto toe of left, slap left heel down
- 73-74 Cross right over left weight on right toe, slap right heel down
- 75-76 Step side left onto toe of left, slap left heel down
- 77-78 Cross right over left, step back onto left
- 79-80 Step right into ¼ turn right step left next to right and clap

Weight ends up on left. Contra lines are facing each other in their original position

REPEAT

