The Love Slide

拍数: 32

级数: Beginner line/contra dance

编舞者: Melanie Cheever (USA)

音乐: Step In the Name of Love - R. Kelly

STEP, STEP, SIDE SHUFFLE, FULL TURN, CROSS ROCK WITH SWAY

- Step forward right, left 1-2
- 3&4 Shuffle right, left, right to right side
- 5-6 Turn $\frac{1}{2}$ over right stepping left to left side (6:00), continue turn $\frac{1}{2}$ over right (while pivoting on left) stepping right to right side (12:00)
- 7-8 Cross step left in front of right (use hips to sway into it), recover back onto right (use hips to sway back)

TURN, TOUCH, STEP, STEP, JAZZ WITH TURN AND BRUSH

- Turn ¼ over left and step left to left side (9:00), touch right beside left 1-2
- 3-4 Step forward right, left
- 5-6 Cross step right in front of left, step left back
- 7-8 Turn ¼ to right and step forward right, brush left forward (line dance step for count 7: turn ¼ to left and step back right. If this jazz square turn feels awkward think of counts 5, 6, 7, 8 as a cross rock, turn ¼, brush)

The steps for the second half of this dance are identical to the first half, except they are done on the opposite side. On counts 15 and 31 there is a slight variation done for the line dance to compensate for the forward progression of the dance and give a new wall to look at

STEP, STEP, SIDE SHUFFLE, FULL TURN, CROSS ROCK WITH SWAY

- 1-2 Step forward left, right
- 5-6 Turn $\frac{1}{2}$ over left stepping right to right side (6:00), continue turn $\frac{1}{2}$ over left (while pivoting on right) stepping left to left side (12:00)
- 7-8 Cross step right in front of left (use hips to sway into it), recover back onto left (use hips to sway back)

TURN, TOUCH, STEP, STEP, JAZZ SQUARE WITH TURN AND BRUSH

- Turn ¼ over right and step right to right side (3:00), touch left beside right 1-2
- 3-4 Step forward left, right
- 5-6 Cross step left in front of right, step right back
- Turn ¼ to left and step forward left, brush right forward (line dance step for count 7: turn ¼ to 7-8 right and step back left., or cross rock, 1/4 turn, brush for counts 5, 6, 7, 8.)

REPEAT

Contra-circles dance: form two circles with dancers standing right shoulder to right shoulder. The dancers that begin in the outer circle will progress toward RLOD and the dancers that begin in the inner circle will progress toward LOD. After steps 1-2 the dancers should be offset from each other so that on the side shuffle they can pass between each other. The full turn will carry them apart a little more. Steps 11-12 (step, step forward) should be used to bring the two circles back together facing each other. The ¼ turn in the jazz square will return dancers to original direction.





墙数:1