Mad Strut

拍数: 32

级数: Intermediate

编舞者: Anita McNab (CAN)

音乐: Stampede Strut - Rick Tippe

VINE RIGHT TWO, TOUCH, BALL, CROSS BEHIND

- Step side right, step left behind right 1-2
- 3&4 Touch right out to side, step left in place, cross right behind left

VINE LEFT TWO, TOUCH, BALL, CROSS BEHIND

- 5-6 Step side left, step right behind left,
- 7&8 Touch left out to side, step right in place, cross left behind right

TOUCH, BALL, CROSS BEHIND, TOUCH, BALL, CROSS BEHIND

- 9&10 Touch right out to side, step left in place, cross right behind left
- 11&12 Touch left out to side, step right in place, cross left behind right

ROCK BACK RIGHT, RECOVER, CROSS IN FRONT, BALL, STEP

- 13-14 Rock back on right, recover forward on left
- 15&16 Cross right in front of left, touch left toe to left side, step right in place

WALK BACK LEFT, RIGHT, COASTER BACK

- 17-18 Walk back on left, back on right
- 19&20 Coaster step back (left back, right beside left, left forward)

WALK FORWARD RIGHT, LEFT, COASTER FORWARD

- Walk forward on right, forward on left 21-22
- 23&24 Coaster step forward (forward right, left beside right, right back)

ROLLING LEFT VINE WITH ¼ TURN LEFT

- 25-26 Step 1/4 left on left, step 1/2 turn left on right
- 27-28 Step 1/2 turn left on left, step right beside left

STEP SIDE LEFT, STEP RIGHT TOGETHER, TOUCH, BALL, CROSS IN FRONT

- 29-30 Step side left, step right beside left (weight now on right)
- 31-32 Touch left out to side, step right in place, cross left over right

REPEAT





墙数:4