

Madhouse To The Max

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: Keep Your Hands To Yourself - Ethan Allen



This dance is dedicated to Christine Bauer-Matesa and the Madhouse Line Dancers of Vienna, Austria, for whom we choreographed this dance for their one day workshop while we were on tour in Europe September 30, 2006!

SIDE ROCK RIGHT, RECOVER, BEHIND AND CROSS, HIP BUMPS (WITH OPTIONAL HEEL TAPS)

1-2 Rock right to side, recover on left
3&4 Cross right behind left, step left to side, cross right over left
5-8 Bump hip left for 4 counts

Lean each time onto left with weight ending on left on count 8 (you can also touch your left heel as you bump your hip)

CROSS ROCK, RECOVER, TURN ¼ RIGHT SHUFFLE, TOE STRUT, TURN ½ RIGHT TOE STRUT

1-2 Cross/rock right over left, recover on left
3&4 Turn ¼ right and shuffle forward right, left, right
5-8 Touch left toe forward, drop left heel, turn ½ right and touch right toe in place, drop right heel

DIAGONAL TRAVELING KICK BALL CROSS 2X, SIDE ROCK, RECOVER, CROSS SHUFFLE

Facing at left diagonal

1&2 Kick left forward, step left together, cross right over left
3&4 Repeat 1&2 above (you will be traveling slightly to the left)
5-6 Rock left to side, recover on right

Straighten up to side wall

7&8 Cross shuffle stepping left, right, left

HIP BUMPS, TURN ¼ LEFT WITH HIP BUMPS, SAILOR STEP, TOUCH BEHIND, ¾ UNWIND LEFT

1&2 Step right to side and bump hips right, left, right (weight to right)
3&4 Turn ¼ left and step left to side and bump hips left, right, left
5&6 Sailor step right, left, right

Weight on right heel

7 Cross left toe behind right

Not just behind the heel of right foot but to the outer side of right foot

8 Unwind ¾ left (weight to left)

To make the ¾ unwind easier, be sure to end the sailor on count 6 with your weight on your heel. The unwind is easier if it starts on the right heel and the left toe. Unwind ends with left foot forward

SHUFFLE FORWARD, TURN ½ RIGHT; SHUFFLE FORWARD, TURN ½ LEFT

1&2 Shuffle forward right, left, right
3-4 Step left forward, turn ½ right (weight to right)
5&6 Shuffle forward left, right, left
7-8 Step right forward, turn ½ left (weight to left)

SIDE STEP RIGHT, DRAG, TURN ¼ LEFT STEP OUT-OUT, SLAPS, HIP ROLL

1-2 Big step right to side, drag left toward right
3-4 Turn ¼ left and step left to side, step right to side
5-6 Hold, hold

On count 5, slap back left side of back hip with left hand. On count 6, slap back right side of back hip with right hand

7-8 Hold, hold

On counts 7-8, rotate or roll hip around to the left for 2 counts from left to right ending on left side with weight in left

REPEAT

TAG

Before starting the dance again after completing the front wall, you will do this 16 count tag:

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|-------|--|
| 1-2 | Rock right to side, recover on left |
| 3&4 | Cross right behind left, step left to side, cross right over left |
| 5-6 | Rock left to side, recover on right |
| 7&8 | Cross left behind right, step right to side, cross left over right |
| 9-12 | Touch right toe forward, drop right heel, touch left toe forward, drop left heel |
| 13&14 | Right kick ball change |
| 15&16 | Right kick ball change |

Then start the dance from the beginning
