

拍数: 64 墙数: 1

级数: Intermediate/Advanced

编舞者: Al Dobbins (USA)

音乐: I Just Couldn't Say No - Alabama

SIDE STEP LEFT, CROSS STEP, SIDE SHUFFLE LEFT, ROCK STEPS SHUFFLE FORWARD

- 1 Step to the left on left foot
- 2 Cross right foot behind left and step
- 3&4 Shuffle sideways to the left (left-right-left)
- 5 Step back on right foot
- 6 Rock forward onto left foot
- 7&8 Shuffle forward (right-left-right)

ROCK STEPS, TURNING SHUFFLE, ROCK STEPS, TRIPLE IN PLACE

- 9 Step forward on left foot
- 10 Rock back onto right foot
- 11&12 Shuffle (left-right-left) making a ¹/₂ turn to the left
- 13 Step forward on right foot
- 14 Rock back onto left foot
- 15&16 Triple step in place (right-left-right)
- 17-32 Repeat beats 1-16

SIDE LEFT STEP-SLIDE, TURN, KICK, CROSS, UNWIND, SAILOR SHUFFLE

- 33 Step to the left on left foot
- 34 Slide right foot over next to left and step
- 35 Step to the left on left foot making a ¼ turn to the left with the step
- 36 Kick right toot forward
- 37 Cross right toot over left
- 38 Unwind ½ turn to the left (weight on right foot)
- 39 Cross left foot behind right and step
- & Step slightly to the right on right foot
- 40 Step left foot next to right

SIDE RIGHT STEP-SLIDE, TURN, KICK, CROSS, UNWIND, SAILOR SHUFFLE

- 41 Step to the right on right foot
- 42 Slide left foot over next to right and step
- 43 Step to the right on right foot making a ¹/₄ turn to the right with the step
- 44 Kick left foot forward
- 45 Cross left foot over right
- 46 Unwind 1/2 turn to the right (weight on left foot)
- 47 Cross right foot behind left and step
- & Step slightly to the left on left foot
- 48 Step right toot next to left

PIVOTS, TURNING SHUFFLE, SAILOR SHUFFLE, DIAGONAL STEPS

The following pivots travel to the right

- & Pivot ¹/₂ turn to the right on ball of right foot
- 49 Step down on left foot
- & Pivot ½ turn to the right on ball of left foot
- 50 Step down on right toot



- 51&52 Shuffle (left-right-left) making a ½ turn to the right
- 53 Cross right foot behind left and step
- & Step slightly to the left on left foot
- 54 Step right foot next to left
- 55 Cross left foot in front of right and step forward and diagonally to the right on left foot while clapping hands on hips
- 56 Step forward and diagonally to the right on right foot while "high five" slapping hands with person on each side of you (or clap hands)

STEP BACK, PIVOT, SYNCOPATED CROSS STEPS, SAILOR SHUFFLE, DIAGONAL STEPS

- 57 Step back on left foot
- & Pivot ½ turn to the right on ball of left foot
- 58 Step down on right foot
- 59 Cross left foot over right and step & cross right foot over left and step
- 60 Step back on left toot

With faster music, replace beats 59&60 with a triple in place (left-right-left)

- 61 Cross right foot behind left and step
- & Step slightly to the left on left foot
- 62 Step right foot next to left
- 63 Cross left foot in front of right and step forward and diagonally to the right on left foot while clapping hands on hips
- 64 Step forward and diagonally to the right on right foot while "high five" slapping hands with person on each side of you (or clap hands)

REPEAT