

拍数: 32 墙数: 4 级数: Improver

编舞者: Mary Kelly (UK)

音乐: Refried Dreams - Tim McGraw



STEP FORWARD, POINT, LEFT SHUFFLE, KICK-BALL-TURN, RIGHT SHUFFLE

1-2	Step forward on right, point left to left
3&4	Left shuffle forward (left right left)

5&6 Kick right forward, step quarter turn right on ball of right, close left beside right

7&8 Right shuffle forward (right left right)

STEP, HALF PIVOT, LEFT SHUFFLE, LEFT SYNCOPATED WEAVE

9-10	Step forward on left, pivot half turn right
11&12	Left shuffle forward (left right left)
13-14	Cross right over left, step to left on left

15&16 Cross right behind left, step to left on left, cross right over left

SIDE ROCK, CROSS, UNWIND (TWICE)

17-18	Rock left on left, back in place on right
19-20	Cross ball of left foot over right, unwind half turn to right (weight on left)
21-22	Rock right on right, back in place on left
23-24	Cross ball of right foot over left, unwind half turn to left (weight on right)

SIDE ROCK, CROSS, UNWIND, KICK, OUT-OUT, IN-IN, CLAP

25-28	Repeat counts 17-20
29	Kick right forward
&30	Step slightly to right on right, step slightly to left on left
&31	Step back in place on right, close left beside right

32 Hold with clap

REPEAT

Optional arm movements on the following counts:

opuona an	in movements on the lengthing sounds.
17	Extend left arm to left at shoulder level. At the same time extend right arm forward with elbow bent, and hand level with head - palm facing inward. Click fingers of both hands once
21	Extend right arm to right at shoulder level. At the same time extend left arm forward with elbow bent, and hand level with head - palm facing inward. Click fingers of both hands once
25	As count 17