

Make It Up (P)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 0 级数: Partner
编舞者: Maggie Gallagher (UK)
音乐: I Wanna Die - Miranda Lambert



Position: Start holding inside hands. Lady's steps, man on opposite foot
Adapted for partners by Mabel Thompson (with Maggie's permission)

WALKS FORWARD, LOCK STEP, ROCK RECOVER, COASTER STEP

- 1-2 Walk forward, right, left
- 3&4 Step forward on right, lock left behind right, step forward on left
- 5-6 Rock forward on left, recover onto right
- 7&8 Step back on left, step right to left, step forward on left

¼ TURN RIGHT WITH HIP PUSH, HOLD, HIP BUMPS & TOE TOUCHES

- 1-2 Make a ¼ turn right to face partner pushing hips to right, hold
- 3-4 Bump hips to left, hold
- 5-6 Step right to side, touch left toe to side
- 7-8 Step left to side making a ¼ turn right (to face LOD) touch right toe forward

SHUFFLE FORWARD, SIDE ROCKS TWICE

- 1&2 Step forward on right, step left beside right, step forward on right
- 3-4 Rock left to side (in front of partner) recover onto right. (man rocks behind lady)
- 5&6 Step forward on left, step right beside left, step forward on left
- 7-8 Rock right to side, recover onto left

STEP TURNS TWICE. ¼ TURN TO FACE, HIP GRINDS

- 1-2 Step forward on right, make ½ turn left (reverse LOD)
- 3-4 Step forward on right, make ½ turn left (LOD)
- &5 Make a ¼ left to face partner
- 6-7-8 Hip grinds (or bumps) end with weight on left

Restart the dance by making a ¼ turn right as you walk forward right, left

REPEAT