Makin' Lotsa Noise



编舞者: Ernie (Hutch) Hutchinson (USA)

音乐: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers



This dance is dedicated to all my rowdy friends who like to "Make Lotsa Noise" when they dance.

BACK & FORWARD; FORWARD & CENTER - FORWARD & $\frac{1}{2}$ TURN RIGHT, FORWARD & $\frac{1}{2}$ TURN LEFT (MAKING AN "X")

1&2 Step right back behind left at an angle (toward 8:00); return weight to left; step forward on

right (2:00)

Step forward on left at an angle (2:00); return weight to right; step left next to right (12:00)

Step forward on right at an angle (10:00); return weight to left; ½ turn right stepping forward

on right (4:00)

7&8 Step forward on left at an angle (4:00); return weight to right; ½ turn left stepping forward on

left (12:00)

This series of steps is meant to resemble an "X"

VINE RIGHT; CROSS, 1/4 LEFT, BACK - BACK, FORWARD; LOCK, 1/4 RIGHT, FORWARD

1&2 Step right to right side (slightly forward); cross left behind right; step right to right side (slightly

back)

3&4 Cross left over right; step right to right side into ½ turn left; step left back next to right

5-6 Step back on right; return weight to left

7&8 Step right forward to outside of left; step forward on left into ¼ turn right; step forward on right

(12:00)

On count 5, take a big step back on the right foot so that the lock step can be executed more easily

FORWARD LOCK SHUFFLES RIGHT & LEFT - 1/2 RIGHT, 1/2 RIGHT; BACK LEFT COASTER

Step forward on left; step right forward to outside of left; step forward on left (angle body

towards 2:00)

3&4 Step forward on right; step left forward to outside of right; step forward on right (angle body

towards 10:00)

5-6 Step forward on left into ¼ turn right; turning on left into ¼ turn right, step back on right

7&8 Step back on left; step right back next to left; step forward on left

Styling note: lock shuffles (1&2, 3&4) should be done on an angle while traveling forward

SHUFFLE FORWARD RIGHT-LEFT-RIGHT; SIDE LEFT, ROCK RIGHT - CROSS, SIDE, BACK; CROSS, SIDE

1&2 Shuffle forward right-left-right

3-4 Step to left side on left; step back on right

5&6 Cross left over right; step to right side on right; step back on left

7-8 Cross right over left; step to left side on left

REPEAT

TAG

During the preferred song, "The X-Files", at the end of the 2nd repetition only (you will be facing the front wall), on counts 7&8 of the 2nd set of 8, instead of lock-1/4 turn right-forward right, do the following

Step right forward to outside of left
 Step forward on left into ¼ turn right

Begin the dance again.