

# Mambo No. 5 Shimmy!

**COPPER KNOB**  
STEPSHEETS

拍数: 24      墙数: 4      级数: Beginner  
编舞者: Dottie Wicks (USA)  
音乐: Mambo No.5 - Lou Bega



## SIDE SLIDES AND TAPS

- 1-2      Small step to right on right, slide and step left next to right
- 3-4      Small step to right on right, tap left toe next to right instep
- 5-6      Small step to left on left, slide and step right next to left
- 7-8      Small step to left on left, tap right toe next to left instep

## FORWARD WALK WITH A KICK - BACK WALK WITH A TAP

- 1-3      Walk forward, right, left, right
- 4      Keeping weight on right foot, kick left foot forward
- 5-7      Walk backwards left, right, left
- 8      Keeping weight on your left foot, tap right toes next to left heel

## THREE QUARTER TURN TO RIGHT DOING HEEL RAISES & DROPS

- &1      Raise both heels(weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &2      Raise both heels(weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &3      Raise both heels (weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &4      Remaining in place raise and lower heels of both feet

## BENT KNEE SHIMMIES

- &5      Bending both knees, shimmy shoulders
- &6      Continuing to shimmy - straighten knees
- &7      Bending both knees, shimmy shoulders
- &8      Continuing to shimmy - straighten knees

## REPEAT

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