Mamma Knows



编舞者: E, L & Mc

音乐: Mama Knows the Highway - Hal Ketchum



ROCK RIGHT CROSS, ROCK LEFT CROSS, ROCK BACK RIGHT, SHUFFLE FORWARD RIGHT

1&2	Rock to right side on right, rock onto left in place, cross right over left
3&4	Rock to left side on left, rock onto right in place, cross left over right

5-6 Rock back on right, rock forward onto left

7&8 Step forward right, close left beside right, step forward right

ROCK LEFT CROSS, ROCK RIGHT CROSS, ROCK BACK LEFT, SHUFFLE 1/2 TURN RIGHT

1&2	Rock to left side on left, rock onto right in place, cross left over right
3&4	Rock to right side on right, rock onto left in place, cross right over left

5-6 Rock back on right, rock forward onto left

7&8 Shuffle step forward making ½ turn right, stepping - left, right, left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

1-2	Rock back or	right, rock t	forward	onto left
-----	--------------	---------------	---------	-----------

3-4 Kick right forward twice

5&6 Step back right, step left beside right, step forward right 7&8 Step back left, step right beside left, step forward left

ROCK BACK RIGHT, KICK FORWARD RIGHT TWICE, COASTER STEP RIGHT, COASTER STEP LEFT

1-2	Rock back on	right rock	forward	onto left

3-4 Kick right forward twice

5&6 Step back right, step left beside right, step forward right7&8 Step back left, step right beside left, step forward left

REPEAT

TAG

After wall 1 and wall 5

1-2 Hip bumps right, left

TAG

After wall 7

1-4 Hip bumps right, left, right, left

RESTART

On wall 4, change count 12 to a touch and restart from count 1 On wall 8, dance counts 1-20 and then restart from count 1