Man Smart, Woman Smarter



拍数: 0 墙数: 2 级数: Intermediate

编舞者: Melora Saunders (USA) & Michael Weeks (USA)

音乐: Man Smart, Woman Smarter - C.J. Chenier & The Red Hot Louisiana Band



Sequence: AB, AB, CC, A(16 counts), BD, BD, AA, BB, A

PART A

SYNCOPATED JAZZ BOX 1-1/2 PADDLE TURN RIGHT, SYNCOPATED JAZZ BOX 1-1/2 PADDLE TURN LEFT

Weight starts on left foot, cross right foot over left, step back left, step in place with the right
Weight starts on the right foot, cross left foot over right, step back right, step in place with the

left

Paddle turn to the right 1-1/2 turns (facing back wall)

5 Small step right to right side turning ¼ right starting a right paddle turn

& Continuing right paddle turn with right foot slightly behind left, step on ball of left foot

6 Replace weight to right foot continuing right turn

& Right paddle turn with left foot slightly behind right, step on ball of left foot

7 Replace weight to right foot completing paddle turn

& Right paddle turn with left foot slightly behind right, step on ball of left foot

8 Replace weight to right foot completing paddle turn

You may opt to only rotate ½ turn with paddles turns instead of 1 ½ turn by just taking smaller steps!

1&2	Weight starts o	n the right foot ic	ross left foot over righ	t isten hack right	step in place with the

left

Weight starts on the left foot, cross right foot over left, step back left, step in place with the

riaht

Paddle turn to the left 1-1/2 turns (end facing the front wall)

5 Small step left to left side turning ¼ left starting a left paddle turn

& Continuing left paddle turn with right foot slightly behind left, step on ball of right foot

6 Replace weight to left foot continuing left turn

& Left paddle turn with right foot slightly behind left, step on ball of right foot

7 Replace weight to left foot completing paddle turn

& Left paddle turn with right foot slightly behind left, step on ball of right foot

8 Replace weight to left foot completing paddle turn

You may opt to only rotate ½ turn with paddles turns instead of 1 ½ turn

MAMBO FORWARD, MAMBO BACK, HEEL TWISTS 1/4 TURN

1&2	Right rock step forward and recover weight on left, step right next to left
3&4	Left rock step back and recover weight on right, step left next to right
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5-6 Twist heels to the left to make ¼ turn to the right

7&8 Twist heels left, right left

MAMBO FORWARD, MAMBO BACK, HEEL TWISTS 1/4 TURN

1-8 Repeat last 8 counts

PART B

TOUCH KICK, COASTER STEP, STEP, TOUCH KICK COASTER STEP, STEP

(Chorus, that's right, women are smarter!)

&1 Touch right toe beside left foot - kick right foot forward

2&3 Coaster step back on right together on left and forward on right

4 Step left foot forward

&5 Touch right toe beside left foot - kick right foot forward

6&7 Coaster step back on right together on left and forward on right

8 Step left foot forward

PART C

CAJUN JOGS FORWARD, BACK SKIPS & FORWARD STOMP

1&2&	Step forward right, left, right, hitch left knee
3&4&	Step forward left, right, left, hitch right knee

Step back right, hitch left with small hop on right foot
Step back left, hitch right with small hop on left foot
Step back right, hitch left with small hop on right foot
Quickly change weight to left foot & stomp right foot

SAILOR LEFT, SAILOR RIGHT, TOE POINTS AND SAILOR LEFT

1&2 With weight on right sailor step left, right, left

3&4 Sailor step right, left, right
5-6 Point left toe forward and side
7&8 Sailor step left, right, left

PART D

HEEL JACKS 1/2 TURN TO THE LEFT

&1	Step onto right foot extending left heel out to side
&2	Step left foot across right

&3 Step onto foot extending right heel out to side

&4 Step right across left

Step onto right foot extending left heel out to sideStep left beside right & cross right over left

7-8 Unwind ½ turn to the left. Weight stays on the left foot

FINALE

The dance ends on the last mambo back with this change to end dance facing the front wall

1&2	Right rock step forward and recover weight on left, step right next to left
3&4	Left rock step back and recover weight on right, step left next to right

5-6 Point right toe to right side, ¾ right Monterey turn, weight on right (end facing front wall)

7-8 Left foot cross over right, toe touch & snap your fingers, arms out