

Marc 2

拍数: 64 墙数: 4 级数: Improver
编舞者: Diane Benton (UK)
音乐: You Sang to Me - Marc Anthony



The timing for each set of 8 counts is **Slow, Slow, Quick, Quick, Slow**.

- 1-4 Cross right foot over left, hold, step left foot back, hold
5-8 Step right foot to right side, close left foot beside right, step right foot to right side, hold
- 9-12 Cross left foot over right, hold, step right foot back, hold
13-16 Step left foot to left side, close right foot beside left, step left foot to left side turning ¼ turn left, hold
- 17-20 Step right foot forward, hold, pivot ½ turn left, hold
20-24 ½ turn left on right, left, right, hold
- 25-28 Rock back onto left foot, hold, rock forward onto right, hold
29-32 Step left foot forward, lock right behind left, step forward left, hold
- 32-36 Rock forward onto right foot, hold, rock back onto left, hold
37-40 ¾ turn right on right, left, right, hold
- 41-44 Cross rock left over right at 45 degree angle, (into right corner) hold, rock back onto right, hold
45-48 Step left forward, (into right corner) step right beside left, step left forward, (into right corner) hold
- 49-52 Cross right over left turning to face left corner step forward on right, hold, rock back onto left, hold
53-56 Step right forward, (into left corner) step left beside right, step right forward, (into left corner) hold
- 57-60 Rock forward on left foot, hold, rock back onto right, hold
61-64 Step left foot back turning 1/8 turn left, (facing wall to right of start wall) step right foot beside left, step left forward, hold

REPEAT