Maria's Cha-Cha

拍数: 48   **墙数:** 0   **级数:**

编舞者: Jim Wood

音乐: My Maria - Brooks & Dunn

1-2	Step forward on right foot (right foot), rock back onto left foot (left foot)
3&4	Do a cha-cha (shuffle) step in place (right foot, left foot, right foot)
5-6	Step back on left foot, rock forward onto right foot
7&8	Do a cha-cha (shuffle) step in place (left foot, right foot, left foot)
9-10	Step forward on right foot, make a 2 turn to the left
11&12	Do a shuffle step forward (right foot, left foot, right foot)
13-14	Step forward on left foot, make a 2 turn to the right
15&16	Do a shuffle step forward (left foot, right foot, left foot)
17-18	Step right foot to the left, in front of and across left foot for 17, then brush left foot on ground in a forward sweeping motion, bringing it in front of and across right foot, all the while letting the momentum of the sweep turn your body ¼ turn to the right. This is all done in one count
19&20	Do a shuffle step in place (left foot, right foot, left foot)
21-22	Step right foot forward, make a 2 turn to the left
23&24	Right foot kick-ball-change (kick right foot forward, come down on ball of right foot, then change weight and step onto left foot, all over two counts)
25-28	Walk forward on right foot, left foot, right foot, then kick left foot forward for 28
29-30	Walk backward on left foot, then right foot
31&32	Walk back on left foot, then step on ball of right foot for the & count, then cross left foot over and in to the right of the right foot (ends up with legs crossed)
33-34	Unwind 2 turn to the right for 33, then snap fingers on right hand for 34
35&36	Bump hips to the left, right, and left, (double time, over two counts)
37-40	Grapevine right (step right foot to the right, step left foot behind right foot, step right foot to the right again, and finish by scuffing the left foot forward for 40)
41-44	Grapevine left (step left foot to the left, step right foot behind left foot, step left foot to the left again, finish by pointing right. Toe down with heel raised)
45-48	Bump hips to the right, left, right, left...

REPEAT