

Mariana For Two

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数:
编舞者: Andy Mackrell (UK)
音乐: Mariana Mambo - Chayanne



Position: Side By Side (Sweetheart) Facing OLD. Both same step to start with (after 32 counts)
Adapted from Line Dance Marianna Mambo by Kate Sala

SIDE STEP, HOLD, CROSS STEP, HOLD, WEAVE RIGHT

- 1-2 Step right to right side, hold
- 3-4 Cross step left over right, hold
- 5-6 Step right to right side, cross step left behind right
- 7-8 Step right to right side, cross step left over right

STEP RIGHT, HOLD, ROCK BACK ON LEFT, RECOVER ON RIGHT, LEFT TOE STRUT, CROSS TOE STRUT

- 1-2 Step right to right side, hold
- 3-4 Cross rock left behind right, recover forward on to right
- 5-6 Left toe strut to side, ladies diagonally forward to left (taking slightly larger step than man hands now change to shoulder level)
- 7-8 Cross toe strut

SIDE ROCK ¼ TURN RIGHT STEP, HOLD, STEP ½ TURN LEFT STEP, HOLD

- 1-2-3-4 Side rock onto left, recover turn ¼ right, stepping forward on left, hold (hands reverse sweet heart)
- 5-6-7-8 Step forward on right, ½ turn left onto left, step forward on right, hold (hands sweet heart)

STEP LOCK STEP, HOLD, STEP LOCK STEP, HOLD

- 1-2 Step forward left, lock right behind left
- 3-4 Step forward on right, hold
- 5-6 Step forward on right, lock left behind right
- 7-8 Step forward on right, hold

STOMP OUT, IN, IN ON LEFT, HOLD, SWIVEL TOE, HEEL, HEEL, TOE ON RIGHT

- 1-2 Stomp left out to left side, stomp on left bringing it in closer to right
- 3-4 Stomp on left next to right, hold

It is best to do the above stomps with both knees slightly relaxed

- 5-6 Swivel right toe out to right, swivel right heel out to right
- 7-8 Swivel right heel in swivel right toe in

LEFT SIDE ROCK & CROSS, HOLD, RIGHT SIDE ROCK & CROSS, HOLD (SLIGHT FORWARD DIRECTION)

- 1-2-3-4 Side rock left out to left side, recover on to right, cross step left over right, hold
- 5-6-7-8 Side rock right out to right side, recover on to left, cross step right over left hold

LEFT SHUFFLE FORWARD, ROCK, RECOVER ¼ RIGHT, HOLD

- 1-2-3-4 Left, together on right step forward on left hold
- 5-6 Rock forward on right, recover on left (as you recover both start turning right)
- 7-8 Step right to right side making ¼ turn right, hold

Alternative

- 5-6 Step forward on right (drop right hands), pivot ½ turn left onto left (pick up right hands)

LEFT COASTER STEP, HOLD, 2 X PADDLE TURNS LEFT COMPLETING FULL TURN LEFT

- 1-2 Stepping back on left, step right next to left
- 3-4 Step forward on left, hold
- 5-6 Step forward on right (lift left & drop right hands), pivot ½ turn left onto left (pick up right hands)
- 7-8 Step forward on right, pivot ½ turn left onto left

REPEAT
