

# Martha's Dance (P)

拍数: 48      墙数: 0      级数: Partner  
编舞者: Sharon Lienard (USA) & Emil Lienard (USA)  
音乐: Your Man - Josh Turner



## Position: Sweetheart, or Side-by-Side Position

- 1-4      Step slightly forward on right and sway hips right, left, right, left  
5-8      Rock back on right, replace weight to left, triple step right-left-right while turning  $\frac{1}{2}$  turn to the left to end facing RLOD. Release left hands, right hands going over lady's head, rejoin left hands in front
- 9-12      Step back left, right, then turn  $\frac{1}{4}$  left to face OLOD while doing triple step left-right-left. Release right hands and bring left arm over lady's hand and rejoining right hands at shoulder level  
13-16      Facing OLOD, cross right over left, replace weight to left while taking right arms (to left) over lady's head. Triple step right-left-right moving slightly in RLOD direction and bringing arms back over lady's head to original position
- 17-20      Cross left over right, replace weight to right while taking left arms (to right) over lady's head. Triple step left-right-left moving slightly in LOD direction and bringing arms back over lady's head to original position  
21-24      Drop left hands, walk right, left, man doing  $\frac{1}{4}$  turn left to face LOD, lady does  $1-\frac{1}{4}$  turn to the left to face LOD. Triple step forward right-left-right, rejoining hands in side-by-side position

**This is a "mirror" dance, in that the 2nd half of the dance mirrors the first half, but is repeated on the opposite foot, which makes the turns slightly different**

- 25-28      Step slightly forward on left and sway hips left, right, left, right  
29-32      Rock back on left, replace weight to right, triple step left-right-left while turning  $\frac{1}{2}$  turn to the right to end facing RLOD. Release right hands, left hands going over lady's head, rejoin right hands in back
- 34-36      Step back right, left, then turn  $\frac{1}{4}$  right to face ILOD while doing triple step right-left-right.  
37-40      Facing ILOD, cross left over right, replace weight to right. Triple step left-right-left moving slightly in RLOD direction
- 41-44      Cross right over left, replace weight to left. Triple step right-left-right moving slightly in LOD direction  
45-48      Drop left hands, walk left, right, man doing  $\frac{1}{4}$  turn right to face LOD, lady does  $1-\frac{1}{4}$  turn to the right to face LOD. Triple step forward left-right-left, rejoining hands in side-by-side position

**REPEAT**