

# Mary-Lou

拍数: 32      墙数: 4      级数: Improver  
编舞者: Chris Hodgson (UK)  
音乐: Hello Mary Lou - Brødrene Olsen



## 2 X TOE STRUTS, SIDE-ROCK-CROSS, SIDE-BEHIND, CHASSE ½ TURN

1&            Step right toe forward, drop right heel to floor  
2&            Step left toe forward, drop left heel to floor  
3&4          Step right to right side, rock weight onto left, cross step right over left  
5-6          Step left to left side, cross right behind left  
7&8          Chasse left stepping on left-right-left making ½ turn left

## & HEEL & STEP, TRIPLE ½ TURN RIGHT, WALK BACK TWICE, MAMBO STEP

&1            Step back on right, touch left heel forward  
&2            Step left next to right, step forward on right  
3&4          Triple ½ turn right stepping on left-right-left  
5-6          Step back on right, step back on left  
7&8          Step back on right, rock weight forward onto left, step right next to left

## LOCK STEP, STEP-¼-CROSS, ROCK STEPS, SIDE-ROCK-CROSS

1&2          Step forward on left, lock left behind right, step forward on left  
3&4          Step forward on right, ¼ turn left on balls of both feet, cross step right over left  
5&          Step forward on left, rock weight back onto right (slight angle to left on rock steps)  
6&          Step back on left, rock weight forward onto right  
7&8          Step left to left side, rock weight onto right, cross step left over right

## ROCK STEPS, SIDE-ROCK-CROSS, KICK-BALL-CROSS, SIDE-TOGETHER-FORWARD

1&            Step forward on right, rock weight back onto left (slight angle to right on rock steps)  
2&            Step back on right, rock weight forward onto left  
3&4          Step right to right side, rock weight onto left, cross step right over left  
5&6          Kick left forward, step in place on left, cross step right over left  
7&8          Step left to left side, step right next to left, step forward on left

## REPEAT

## ENDING

On wall 7 (last wall) replace Mambo Step (counts 15&16) with a triple half turn Right to finish facing home wall