

Mean Caffeine

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Mick Scott (UK)
音乐: Cowboy Coffee - Joni Harms



POINT & POINT & HEEL & TOE & STEP-LOCK, STEP-LOCK-STEP.

1 Point right toes to right side
&2 Return right foot to home position, point left toes to left side
&3 Return left foot to home position, touch right heel forward
&4 Return right foot to home position, touch left toes behind
&5-6 Return left foot to home position, step forward on right foot, lock left foot behind right
7&8 Step forward on right foot, lock left foot behind right, step forward on right foot

LEFT FORWARD MAMBO ROCK, STEP-LOCK-STEP, ½ TURN, TOE TAP, STEP-LOCK-STEP

9&10 Rock forward on left foot, rock back onto right foot, step left foot beside right
11&12 Step back on right foot, lock left foot in front of right, step back on right foot
13-14 Turn ½ turn over left shoulder stepping onto left foot, tap right foot beside left
15&16 Step right foot forward, lock left foot behind right, step forward on right foot

LEFT TOE TOUCH BEHIND, ½ TURN LEFT, RIGHT FORWARD SHUFFLE, HEEL & HEEL & POINT & POINT

17 Touch left toes behind
18 Turn ½ turn left over left shoulder taking weight on left foot
19&20 Step right foot forward, close left beside right, step right foot forward
21 Touch left heel forward
&22 Return left foot to home position, touch right heel forward
&23 Return right foot to home position, point left toes to left side
&24 Return left foot to home position, point right toes to right side

LEFT FORWARD CROSS ROCK, ROCK BACK ONTO RIGHT, ¼ SHUFFLE TO LEFT, & HEEL & TOUCH & HEEL & TOUCH

&25 Return right foot to home position, rock weight forward onto left foot across in front of right
26 Rock weight back onto right foot
27&28 Step left foot to left side, step right foot beside left, step left foot forward ¼ turn to left
&29 Step right foot back slightly, touch left heel forward
&30 Return left foot to home position, touch right toes beside left foot
&31 Step right foot back slightly, touch left heel forward
&32 Return left foot to home position, touch right toes beside left foot

REPEAT

TAG

After 2nd wall during 8 count instrumental, add:

1 Cross right foot over left
2 Step back on left foot
3&4 Step right foot to right side, step left beside right, step right to right side
5 Cross left foot over right.
6 Step back on right foot.
7&8 Step left foot to left side, step right beside left, step left to left side

Omit tag if not dancing to Cowboy Coffee