# Meat & Potato



编舞者: Cors Whisper (UK)

音乐: Meat and Potato Man - Alan Jackson



### KICK BALL CHANGE TWICE

1-2 Right kick ball change3-4 Right kick ball change

## RIGHT GRAPE VINE LEFT WITH SCUFF, LEFT GRAPEVINE WITH 1/4 TURN LEFT & SCUFF

5-6 Step right to side, step left behind right
7-8 Step right to side, scuff left forward
9-10 Step left to side, step right behind left

11-12 Turning ¼ turn left step left forward, scuff right forward

## DIAGONAL RIGHT STEP LOCK STEP, DIAGONAL LEFT STEP LOCK STEP,

13-14	Step right forward diagonally right, lock left behind right
15-16	Step right forward diagonally right, scuff left forward
17-18	Step left forward diagonally left, lock right behind left
19-20	Step left forward diagonally left, scuff right forward

### PADDLE STEPS X4 TURNING FULL TURN LEFT

21-22	Step right forward, pivot ¼ turn left (weight to left)
23-24	Step right forward, pivot ¼ turn left (weight to left)
25-26	Step right forward, pivot ¼ turn left (weight to left)
27-28	Step right forward, pivot ¼ turn left (weight to left)

### STEP OUT-OUT, IN-IN TWICE

29&30& Step right out-left out, step right in-left in 31&32& Step right out-left out, step right in-left in

## **REPEAT**