Mi Gusto Mucho



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Jackie Miranda (USA)

音乐: Que Tu Tienes - Jennifer Delgado



STEP RIGHT SIDE, ¼ TURN LEFT, BACK LEFT COASTER STEP, RIGHT KNEE HITCH, ¼ TURN RIGHT AND KICK, BACK RIGHT COASTER STEP

1-2 Step right to right side, turn 1/4 left on ball of right as you lean back keeping weight on right

3&4 Step back on left, step right next to left, step left forward

5-6 Hitch right knee, turn ¼ right on ball of left and kick right foot out 7&8 Step back on right, step left next to right, step right forward

HITCH LEFT KNEE, ¼ TURN LEFT AND KICK, BACK LEFT COASTER STEP, ROCK FORWARD AND BACK, ¾ TRIPLE STEP TURN RIGHT

Hitch left knee, turn ¼ left on ball of right and kick left foot out 3&4

Step back on left, step right next to left, step forward on left

5-6 Rock forward on right, back on left

7&8 Turn ³/₄ to right doing a triple step right, left, right

ROCK FORWARD AND BACK, LEFT AND RIGHT SAILOR STEPS, ½ TURN RIGHT

1-2 Rock forward on left, back on right

Step left behind right, step right to right side, step left to left side

Step right behind left, step left to left side, step right to right side

Step left forward, pivot and turn ½ turn right (weight ends on right)

CROSS LEFT OVER RIGHT, UNWIND ½ TURN RIGHT, BACK RIGHT COASTER STEP, SHUFFLE FORWARD, FULL TURN LEFT FORWARD

1-2 Cross left toe over right, unwind ½ turn right (weight ends on left) 3&4 Step back on right, step left next to right, step right forward

5&6 Shuffle forward stepping left forward, step right next to left, step left forward

7-8 Make a ½ turn left as you step back on right, make a ½ turn left as you step forward left (you

will be progressing forward and ending with weight on left)

HIP ROLLS LEFT AND RIGHT, TRAVELING TOE-HEEL SWIVELS TO RIGHT

1-2 Keeping feet fairly close together, step down on right and with a to the left motion roll or circle hips to left for 2 counts, ending with left knee pointing at a 45 degree angle to left and left toe

pointed (weight stays on right)

3-4 With a to the right motion roll or circle hips to right for 2 counts, ending with right knee

pointing at a 45 degree angle to right and right toe pointed bringing weight to left

5-6 Bring right toe inward next to left foot, turn right toe outwards bringing left heel down and

move or swivel left to right side

7-8 Repeat step 5-6 above (note: you will be progressing to your right as you swivel your left to

the right, keeping your knees bent)

ROCK RIGHT TO RIGHT SIDE, RECOVER LEFT, SYNCOPATED VINE LEFT, ROCK LEFT, RECOVER RIGHT, 3/4 TRIPLE STEP TURN TO LEFT

1-2 Rock right to right side, recover left

3&4 Step right behind left, step left to left side, cross right over left

5-6 Rock left to left side, recover right

7&8 To complete a ¾ turn left step behind on left as you turn ¼ left, step back on right as you turn

1/4 turn left, step forward on your right as you turn 1/4 turn left

REPEAT

Helpful hint: As you start the dance again, be facing your new starting wall straight on so you can step to your right side and turn ¼ left for the first 2 counts. This will help you turn the correct direction and face the correct wall for starting the dance over.