Mickey Lollipop

拍数: 32

级数: Beginner

编舞者: Niels Poulsen (DK) - April 2007

音乐: Lollipop - MIKA

Intro: 28 count intro - start on main vocals (app. 21 secs. into music)

(1 – 8) Walk forward R L, R rocking chair, step ½ L, R kick ball change

- 1-2 Walk forward R, walk forward L
- 3&4& Rock forward R, recover weight to L, rock back on R, recover weight to L
- 5-6 Step forward R, turn 1/2 L (weight L) 6:00
- Kick R forward, step R next to L, change weight to L 7&8

(9 – 16) Walk forward R L, R rocking chair, step ½ L, R kick ball change

- Walk forward R, walk forward L 1-2
- 3&4& Rock forward R, recover weight to L, rock back on R, recover weight to L
- 5-6 Step forward R, turn 1/2 L (weight L) 12:00
- Kick R forward, step R next to L, change weight to L 7&8

(17 – 24) R heel tap X 2, R kick ball point, & repeat...

- 1-2 Tap R heel forward twice
- 3&4& Kick R forward, step R next to L, point L to L side, step L next to R
- 5-6 Tap R heel forward twice
- 7&8& Kick R forward, step R next to L, point L to L side, step L next to R

(25 – 32) Side, together, R side rock, & L side rock, L sailor step with ¼ L

- 1-2 Step R to R side, step L next to R
- 3-4 & Rock R to R side, recover weight to L, step R next to L
- 5-6 Rock L to L side, recover weight to R
- Cross L behind R, turn ¼ L stepping R to R side, step L small step forward 9:00 7&8

Begin again.

Note: This is a beginner floor-split for Kate Sala's intermediate dance 'Lollipop'





墙数:4