Millennium

拍数:40

级数: Intermediate

编舞者: Margaret C (UK)

音乐: Millennium - Robbie Williams

| &1 | Step right in place. Point left out to left side |
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| &2 | Step left in place. Point right out to right side |
| &3 | Step right leg back on right diagonal hitching left up to right knee |
| &4 | Place left leg back down on spot. Point right leg back on right diagonal ¼ turning to right weight on both feet |
| &5&6&7&8 | Hip roll to the right downwards with hip pop twice |
| 9 | Step right backward with Charleston step |
| 10-11 | Point left leg back $\frac{1}{2}$ turning to left, rolling hips to the left |
| 12 | Place left heel down |
| 13 | Hook right behind left slapping foot with left hand |
| & | Swing right heel to right side slapping foot with right hand |
| 14 | Swing right heel in front of left leg slapping foot with left hand |
| 15&16 | Step forward right, rock back on left, step back right |
| 17-18 | Drag left foot back lifting right heel (popping right knee) drag right foot back lifting left heel (popping left knee) traveling backwards |
| 19&20 | Repeat steps 15 to 18 starting on left leg |
| 21-22 | (Finish with weight on left leg) |
| 23-24 | Monterey step in place(with rolling hip movement)right out to right side and back in place |
| 25-26 | Repeat steps 23-24 on left leg |
| 27&28 | Right sailor step |
| 29-30 | Place left leg back 1/2 turning left, hooking left leg slapping knee with right hand |
| 31&32 | Forward left shuffle |
| 33-34 | Step right foot forward $\frac{1}{2}$ turning left, hooking left leg slapping knee with right hand |
| 35&36 | Forward left shuffle |
| 37-38 | ¼ turning to left on ball of left foot into pigeon toes & heels, |
| 39&40 | Toes, heels, toes (travel to right) with arm movements down & up, down, up, down |
| REPEAT | |

REPEAT





墙数: 2