

拍数: 32 墙数: 4 级数: Intermediate

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ELECTRIC KICKS, RIGHT SHUFFLE, ½ TURN RIGHT TOUCH PADDLE TURNS TWICE

1&2 Rock forward on right foot, recover on left, rock back onto right kicking left foot forward

sharply

&3&4 Step left in place, rock forward onto right foot, recover onto left, rock back onto right foot

kicking left foot forward sharply

&5&6 Step left in place, right foot step forward, step left beside, step right foot forward

&7&8 Point left foot forward, on the ball of the right turn ½ right, point the left forward, on the left

foot turn ½ turn right

On counts 1-4 put in a 'bouncy mashed potato' feel. On counts 7&8 it's the 12 and 6:00 walls you do the

touches at

9-16 Repeat the above but leading with the left foot

KICK RIGHT JUMP OUT, BRING FEET TOGETHER, RIGHT SHUFFLE, SCUFF LEFT ½ TURN RIGHT

17&18 Kick right foot forward, jump slightly back landing right left feet shoulder width apart click

fingers shoulder high as you land

Swivel both heels inwards to a 45"a angle, swivel toes inwards so they meet with your heels

still apart, swivel heels inwards so both feet are side by side,

21&22 Right foot step forward, bring left alongside, step right foot forward

23&24 Scuff left foot forward, hitch the left knee and at the same time on the ball of the right foot turn

½ right, touch the left toe beside the right

LEFT SHUFFLE, SCUFF HITCH CROSS, UNWIND ¾ LEFT, JUMP OUT IN

25&26	Step left foot forward, bring right to meet left, step left foot forward
27&28	Scuff right foot forward, hitch the right knee, cross right over left
29&30	Bounce heels making 1/4 turn left, repeat twice making a 3/4 turn in total
&31&32	Jump feet out right left, jump feet together right left

REPEAT

TAG

After walls 1, 3, 5

SWAYS RIGHT LEFT RIGHT LEFT, SLOW SIDE STEPS LEFT,

1-4& Sway hips right, left, right, left, bring right into place taking the weight 5-6 Take a large step left pushing hip to the left, slide right to meet

7-8 Take a large step left pushing hip to the left, slide right to meet

Note counts 5-8 can be replaced with left snake rolls

9-12 Repeat counts 1-4

13 Stomp right foot diagonally forward punching right fist up 14 Stomp left foot diagonally forward punching left fist up

Stomp right foot back into place wrapping right arm around body

Stomp left foot back into place wrapping left arm around body

FINISH

Wall 6 is the final rep, you will finish the sequence on the last count. End stopping dead with feet together arms above head, hands making a sharp outward gesture.