

Mole Hill

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Beginner
编舞者: Jim Krohe (USA)
音乐: Rocky Top '96 (Championship Mix) - The Osborne Brothers



This dance is great for teaching to kids

HEEL SPLIT, RIGHT AND LEFT HEEL SWIVELS, TOE SPLIT

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|-----|---|
| 1-2 | Swivel both heels apart, swivel both heels home |
| 3-4 | Swivel both heels right, swivel both heels home |
| 5-6 | Swivel both heels left, swivel both heels home |
| 7-8 | Swivel both toes apart, swivel both toes home |

RIGHT KICK BALL CHANGE, RIGHT ½ PIVOT TURN, STOMPS, HEEL LIFTS

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|-------|--|
| 9&10 | Kick forward with right, step on ball of right foot beside left, step in place on left |
| 11-12 | Step forward on right, pivot left ½ turn |
| 13-14 | Stomp beside left on right, stomp on left |
| &15 | Raise both heels, lower both heels |
| &16 | Raise both heels, lower both heels |

REPEAT
