Monster Mashing With Kids



拍数: 56 墙数: 0 级数:

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音乐: Monster Mash - Bobby Boris Pickett



RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER

With weight on left foot, tap right heel front, Step right foot beside left foot
Weight changed to right foot, tap left heel front, Step left foot beside right foot

RIGHT FOOT STEP, TOGETHER, CLAP

5 Step right foot out to the right side

6 Bring left foot beside right and clap -weight changes to left

LEFT FOOT FOOT STEP, TOGETHER, CLAP

7 Step left foot out to the left side

8 Bring right foot beside left and clap --weight changes to right

DRACULA LUNGE RIGHT, TOGETHER, PAUSE

9-10 Step right foot to the right in a lunge motion and bring right arm up the right side in a

swooping motion up and across the face (like Dracula bringing his cape up to his face.)

11-12 Step right foot back beside left, Pause for 1 count!

DRACULA LUNGE LEFT, TOGETHER, PAUSE

13-14 Step left foot to the left in a lunge motion and bring left arm up the left side in a swooping

motion up and across the face (like Dracula bringing his cape up to his face.)

15-16 Step left foot back beside right, Pause for 1 count!

PIVOT 1/2 TURN, STOMP, STOMP

17 Step right foot forward

18 Pivot ½ turn to the left (facing opposite wall you began with)

19-20 Stomp right foot, Stomp left foot

WOLFMAN LUNGE RIGHT, TOGETHER, PAUSE

21-22 Step right foot to the right in a lunge motion and bring both hands up like claws and make

swift small motion forward and downward while growling grrrrrr!

23-24 Step right foot back beside left, Pause for 1 count!

WOLFMAN LUNGE LEFT, TOGETHER, PAUSE

25-26 Step left foot to the left in a lunge motion and bring both hands up like claws and make swift

small motion forward and downward while growling grrrrrrr!

27-28 Step left foot back beside right, Pause for 1 count!

2 PIVOT ½ TURNS

29-30 Step right foot forward, Pivot ½ turn to left

31-32 Step right foot forward, Pivot ½ turn to left (you'll be at the same wall you were doing the

Wolfman lunges at!)

MONSTER WALK RIGHT, LEFT TWICE

33-34 Shifting body right, step to the right at 45 degree angle with the right foot, bringing both arms

upward and downward stiffly with hands curled down (like Frankenstein!)

35-36 Shifting body left, step to the left at 45 degree angle with the left foot, bringing both arms

upward and downward stiffly with hands curled down (like Frankenstein!)

SINGLE MONSTER ARMS

41-44

With weight distributed evenly on both feet and remaining in place, do the Frankenstein motion alternating the right arm and the left arm

FRANKENSTEIN AGAIN

45-56 Repeat Counts 33-44

REPEAT

Using the song "The Monster Mash" you will find that you are dancing the Monster Walks/Arms to the chorus of the song. However, after dancing the complete dance 3 times, repeat the Monster Walks/Arms (Steps 33-44), and then start again. (There is an extra verse after the third verse in the song but goes with the Monster Walks/Arms--then the Monster Mash chorus begins and (to go with the song) repeat the Monster Walks/Arms and then begin again. The rest of the song works great and the Kids (of all ages) love it!!