Monterey Mama



拍数: 64 墙数: 4 级数: Improver

编舞者: SanDee Skelton (USA)

音乐: Who's Cheatin Who - Charley McClain



This dance is dedicated to Anita ("Big Mama") who loves Monterey Turns!

FOUR 1/4 TURN MONTEREYS

1-4 Touch right toe to right side, turn ¼ right as you step right next to left, touch left toe to left

side, step left next to right

5-8 Repeat 1-4 above

1-8 Repeat counts 1-8 above for a total of 4 Monterey turns each turning 1/4 to the right

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, JAZZ BOX TURNING 1/4 RIGHT

1&2 Right shuffle forward (right, left, right)
3&4 Left shuffle forward (left, right, left)
5-6 Cross step right over left, step left back

7-8 Turn ¼ right and step right to right side, step left next to right

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, JAZZ BOX TURNING 1/4 RIGHT

1-8 Same as section above

GRAPEVINE RIGHT WITH 1/2 TURN RIGHT, SCUFF FORWARD

1-2 Step right to right side, cross left behind right

3-4 Turn ½ right and step forward, scuff left heel forward

GRAPEVINE LEFT, SCUFF FORWARD

5-8 Step left side, cross right behind left, step left to left side, scuff right heel forward

3 COUNT TURN (ROLLING VINE) RIGHT, TOGETHER (FULL TURN PLUS 1/4)

1 Turn ¼ right and step right forward, then turn an additional ½ right

2 Step left back and turn ½ right

3 Step right forward4 Step left next to right

HEEL SWITCHES, CLAPS

Touch right heel forward, step right next to left Touch left heel forward, step left next to right

7 Touch right heel forward &8 Hold & clap hands twice

ROCK STEPS FORWARD, IN PLACE, BACK, IN PLACE, FORWARD, IN PLACE, COASTER STEP

1-2	Rock right forward, step left in place
3-4	Rock right back, step left in place
5-6	Rock right forward, step left in place

7&8 Step right back, step left next to right, step right forward

1-2	Rock left forward, step right in place
3-4	Rock left back, step right in place
5-6	Rock left forward, step right in place

7&8 Step left back, step right next to left, step left forward