

# More & More & More (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 0      级数: Partner  
编舞者: Pat Cartwright (UK) & Ray Cartwright (UK)  
音乐: More and More and More - The Bellamy Brothers



**Position: Right Side By Side facing LOD. Same footwork for both**

## **STEP HOOK, SHUFFLE, STEP HITCH STEP HITCH**

- 1-2      Step right back, hook left across in front of right
- 3&4      Step left forward, step right next to left, step left forward
- 5-6      Step right forward, hitch left
- 7-8      Step left forward. Hitch right

## **ROCK STEPS, ¼ TURN TOUCH, SIDE BEHIND**

- 1-2      Rock forward on right, recover on left
- 3-4      Rock back on right, recover on left
- 5-6      Step right ¼ turn to right, touch left in place next to right

**Man behind lady both facing OLOD, hands joined at shoulder level**

- 7-8      Step left to side, cross right behind left

## **ROCK RECOVER TURN HOLD, ROCK RECOVER TURN HOLD**

- 1-2      Step left to the side and rock onto it, recover on right
- 3-4      Step left ¼ turn to left, hold for one beat

**Resume right side by side position facing LOD**

- 5-6      Turn ¼ to left stepping right to side & rocking onto it, recover on left

**Man's right hands over lady's head, lady behind man facing ILOD, hands joined at waist level**

- 7-8      Step right ¼ turn to right, hold for one beat

**Right hands joined in front, left hands joined behind facing LOD, hands joined at waist level**

## **ROCK STEPS, PIVOT ½ TURN, STEP HOLD**

- 1-2      Step left to the side and rock onto it, recover on right
- 3-4      Rock back on left, recover on right
- 5-6      Step forward on left, pivot ½ turn to right stepping forward on right

**Drop left and raise right hands as you turn right, now in reverse right side by side, facing RLOD**

- 7-8      Step forward on left, hold for one beat

## **¼ TURN ROCK RECOVER CROSS HOLD, ROCK RECOVER CROSS HOLD**

- 1-2      Turn ¼ to left stepping right to side & rocking onto it, recover on left

**Man behind lady both facing OLOD, hands joined at shoulder level**

- 3-4      Cross right over in front of left, hold for one beat
- 5-6      Step left to side and rock onto it, recover on right
- 7-8      Cross left over in front of right, hold for one beat

## **2 X PADDLE TURNS, ROCK STEPS, TOUCH HOLD**

- 1-2      Turn ¼ to left stepping right to side, recover on left

**Man should take a small step to right, now in right side by side position facing LOD**

- 3-4      Turn ¼ to left stepping right to side, recover on left

**Man's right hands over lady's head, lady behind man facing ILOD, hands joined at waist level**

- 5-6      Rock forward on right, recover on left
- 7-8      Touch right next to left, hold for one beat

## **ROCK RECOVER TURN HOLD, ROCK RECOVER TURN HOLD**

1-2 Step right to the side and rock onto it, recover on left

3-4 Step right ¼ turn to right, hold for one beat

**Right hands joined in front, left hands joined behind facing LOD, hands joined at waist level**

5-6 Turn ¼ to right stepping left to side & rocking onto it, recover on right

**Man's right hand over lady's head, man behind lady facing OLOD, hands joined at shoulder level**

7-8 Step left ¼ turn to left, hold for one beat

**Right side by side position, facing LOD**

### **ROCK STEPS, SHUFFLE, SHUFFLE**

1-2 Step right to the side and rock onto it, recover on left

3-4 Rock back on right, recover on left

5&6 Step forward on right, step left next to right, step forward on right

7&8 Step forward on left, step right next to left, step forward on left

**REPEAT**

---