

# Mustang Sally

**COPPER KNOB**  
STEPPERS

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Neil Hale (USA)  
音乐: Mustang Sally - The Commitments



## KICK STEP BACK, TRIPLE STEP, FULL TURN

- 1-2      Right kick forward; right step back
- 3&4      Left step back; right step next to left; left step next to right
- 5-6      \*right step forward; left step forward into  $\frac{1}{4}$  turn right
- 7-8      Right step side right into  $\frac{1}{4}$  right; pivot on right as you step back with left into  $\frac{1}{2}$  turn right (weight on left)

\*(Count 5 option is & 5 with a scoot on left on & before your step forward Right on 5.)

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

- 1&2      Cross right behind left; step ball of left foot side left; change weight to right as you step side right
- 3&4      Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## RIGHT & LEFT FORWARD DIAGONAL PATTERN WITH CLAPS

- 1-2      Right step forward at slight 45 degree angle right; left step next to right & clap
- 3-4      Right step forward at slight 45 degree angle right; left touch next to right & clap
- 5-6      Left step forward at slight 45 degree angle left; right step next to left & clap
- 7-8      Left step forward at slight 45 degree angle left; right touch next to left & clap

## HIP ROLLS WITH "PALMS ON THIGHS"

- 1- 4      Step down right & roll hips right; roll hips left; roll hips right; roll hips left

## $\frac{1}{4}$ MONTEREY TURNS

- 1-2      Right point side right; pivot  $\frac{1}{4}$  turn right on ball of left as you step right next to left
- 3-4      Left point side left; left step next to right
- 5-6      Right point side right; pivot  $\frac{1}{4}$  turn right on ball of left as you step right next to left
- 7-8      Left point side left; left step next to right

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

- 1 & 2      Cross right behind left; step ball of left foot side left; change weight to right as you step side right
- 3&4      Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## "RIDE THE MUSTANG" & CLAP

Arm position-holding reins of horse

- 1&      Right step side right with slight forward angle; left step behind right
- 2&      Right step side right with slight forward angle; left step behind right
- 3-4      Right step side right; left touch next to right & clap
- 5&      Left step side left with slight forward angle; right step behind left
- 6&      Left step side left with slight forward angle; right step behind left
- 7-8      Left step side left; right touch next to left & clap

## EXECUTE A FULL TURN NEXT 4 COUNTS,

- 1-2      Right step side right; pivot  $\frac{1}{2}$  turn right as you step side left
- 3-4      Replace weight to right; pivot  $\frac{1}{2}$  turn right as you step side left

REPEAT

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