

# My Best Friend

**COPPERKNOB**  
STEPSHEETS

拍数: 48      墙数: 2      级数: Improver waltz  
编舞者: Pat Stott (UK)  
音乐: Mother - Magill



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## **TWINKLE, WEAVE, SIDE, SLIDE, HOLD, ROLL TO RIGHT**

- 1-3              Cross left over right, step right to right, close left to right
- 4-6              Cross right over left, step left to left, cross right behind left
- 7-9              Step left to left, slide right to left, hold
- 10-12           Turn  $\frac{1}{4}$  to right and step forward on right, pivot  $\frac{1}{4}$  to right on right and step to side on left, pivot  $\frac{1}{2}$  to right on left foot and step right to right

## **FORWARD BASIC, BACK BASIC, FORWARD, $\frac{1}{2}$ TURN, BACK, SLIDE, HOLD, FORWARD BASIC, BACK BASIC, FORWARD, FULL TURN FORWARD**

- 13-15           Step forward on left, close right to left, step in place on left
- 16-18           Step back on right, close left to right, step in place on right
- 19-21           Step forward on left, turn  $\frac{1}{2}$  to left on left and close right to left, step in place on left
- 22-24           Step back on right, slide left to right swinging right shoulder slightly back, hold
- 25-27           Step forward on left, close right to left, step in place on left
- 28-30           Step back on right, close left to right, step in place on right
- 31-32           Step forward on left, traveling forward turn  $\frac{1}{2}$  to left and step back on right
- 33                On right foot - pivot  $\frac{1}{2}$  to left and step forward on left

## **LUNGE FORWARD, RECOVER, TURN $\frac{1}{4}$ TO RIGHT, TWINKLE, CROSS $\frac{1}{2}$ TURN TO RIGHT, SIDE, TWINKLE, CROSS, $\frac{1}{4}$ TURN TO RIGHT**

- 34-35           Step forward on right bending knee slightly, recover back onto left
- 36                Turn  $\frac{1}{4}$  to right and step right to right side
- 37-39           Cross left over right, step right to right, close left to right
- 40-42           Cross right over left, step left to left turning  $\frac{1}{4}$  to right, turn  $\frac{1}{4}$  to right stepping to side on right
- 43-45           Cross left over right, step right to right, close left to right
- 46-48           Cross right over left, turn  $\frac{1}{4}$  to right stepping left to left side, step in place on right foot (feet slightly apart)

**REPEAT**

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