My Boogie Rockin Baby



拍数: 48 墙数: 2 级数:

编舞者: Ed Henry (USA)

音乐: Boogie Back to Texas - Asleep at the Wheel



SIDE TOGETHER, SIDE TOGETHER

1	Right foot to right side

2 Together

3 Left foot to left side

4 Together

5 Right foot to right side

6 Together

7 Left foot to left side

8 Together

SWIVEL, SWIVEL, SWIVEL, HIP, HIP, HIP, HIP,

Slowly drop down on counts 1-4, slowly raise back up on counts 5-8

1	Swivel (knees right, heels left)
2	Swivel (knees left, heels right)
3	Swivel (knees right, heels left)
4	Swivel (knees left, heels right)

Right hip (lift)
Left hip (lift)
Right hip (lift)
Left hip (lift)

HALF TURN, HALF TURN, SIDE TOGETHER SIDE, ROCK STEP

1	Step forward right foot
2	Half turn to your left
3	Step forward right foot
4	Half turn to your left

5&6 Side shuffle, step side right, together, step side right

Step slightly back left foot (5th position)Rock forward on right foot (5th position)

HALF TURN, HALF TURN, SIDE TOGETHER SIDE, ROCK STEP

1	Step forward left foot
2	Half turn to your right
3	Step forward left foot
4	Half turn to your right

5&6 Side shuffle, step side left, together, step side left

Step slightly back right foot (5th position)Rock forward on left foot (5th position)

HIP, HIP, HIP, HIP, HIP, HIP, HIP, HIP (HALF TURN BOOGIE WALK)

1 Slight	step forward right fo	ot and lift right hip ((start ½ turn left)

2 Lift left hip

3 Slight step forward right foot and lift right hip (start ½ turn left)

4 Lift left hip

5 Slight step forward right foot and lift right hip (start ½ turn left)

6 Lift left hip

7 Slight step forward right foot and lift right hip (start ½ turn left)

8 Lift left hip (completes ½ turn to left)

RIGHT SHUFFLE, LEFT SHUFFLE, SCOOT FORWARD, CLAP, SCOOT BACK, CLAP

1&2 Shuffle right 3:00, (step right, together, step right)
3&4 Shuffle right 9:00 (step left, together, step left)

5 Scoot forward (12:00)

6 Clap

7 Scoot backward

8 Clap

REPEAT