

My Goal

拍数: 32 墙数: 4 级数: Improver
编舞者: Jill Blackman (UK)
音乐: That's My Goal - Shayne Ward



ROCK, RECOVER, SHUFFLE ½ TURN, ROCK, RECOVER, COASTER STEP

1-2 Rock forward on right, recover on left
3&4 Shuffle ½ turn right, stepping right, left, right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right beside left, step forward left

FULL TURN, SHUFFLE, SKATE TWICE, STEP, ½ TURN, STEP

1-2 Half turn left, stepping back on right, half turn left stepping forward on left
3&4 Step forward on right, step left beside right, step forward on right
5-6 Skate forward on left & right
7&8 Step forward on left, pivot ½ turn right stepping on right, step forward on left

POINT FORWARD, SIDE, SAILOR ¼ TURN, KICK BALL TOUCH, KICK BALL STEP

1-2 Point right toe forward, point right toe to right side
3&4 Step right behind left, turning ¼ right, step left in place, step right to right side
5&6 Kick left forward, step back on left, touch right beside left
7&8 Kick right forward, step back on right, step left beside right

SWAY, CHASSE TWICE

1-2 Sway hips to right and left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Sway hips to left and right
7&8 Step left to left side, step right beside left, step left to left side

REPEAT

RESTART

Restart after section 3 (count 24) on 3rd & 6th walls
