# My Mambo



编舞者: Gloria Davis

音乐: Mambo No.5 - Lou Bega



#### **CHASSE TO THE RIGHT**

1-2	Step right foot to right, step left beside right
3-4	Step right to right, step left beside right
5-6	Step right to right, step left beside right
7-8	Step right to right, left step beside right

## **CHASSE TO THE LEFT**

9-10	Step left foot to left, step right foot beside left
11-12	Step left foot to left, step right foot next to left
13-14	Step left foot to left, step right foot beside left
15-16	Step left foot to left, step right beside left

#### JAZZ VINE RIGHT INTO A CHA-CHA STEP

17-18	Step right foot to right, step left foot behind right
19&20	Step right next to left, step left foot in front of right, step right next to left
21-22	Step left foot forward, step right foot forward (feet slightly apart)
23&24	Stepping left, right, left back into place

## JAZZ VINE LEFT INTO A CHA-CHA STEP

t behind left, step left next to right
t in front of left, step left foot next to right, step down on right
ard, step right foot forward (feet slightly apart)
right, left back into place

#### RIGHT KICKS INTO A SAILOR SHUFFLE

33-34	Kick right foot to the front, kick right foot to the side
35&36	Step right behind left, step back with left foot, step right next to left

#### LEFT KICKS INTO A TURNING SAILOR SHUFFLE

37-38	Kick left foot to the front, kick left foot to the side
39&40	Step left behind right, step right beside left, step left beside right (while turning to left)

# RIGHT JAZZ VINE WITH DRAG

41-42	Step right foot to right, step left bening right
43&44	Step right foot to right (slightly apart), drag it next to left

## LEFT JAZZ VINE WITH DRAG

45-46	Step left foot to left, step right behind left
47-48	Step left foot to left (slightly apart), drag next to right

## CHARLESTON INTO A COASTER STEP

49-50	Step forward with right foot, kick left foot forward
51-52	Back with left, step right foot back
53-54	Step right foot next to left, kick left foot forward
55&56	Step back with left foot, step right next to left, step left forward slightly

## **CHARLESTON INTO A COASTER STEP**

57-58	Step forward with right foot, kick left foot forward
59-60	Back with left, step right foot back
61-62	Step right foot next to left, kick left foot forward
63&64	Step back with left foot, step right next to left, step left forward slightly

# **REPEAT**