My Maria

级数: Intermediate

拍数: 56

编舞者: Judy White (CAN) & Joey White (CAN)

音乐: My Maria - Brooks & Dunn

HEEL SWIVELS, TOE SWIVELS

- Right heel in, twist body to right (1/8) 1
- 2 Right heel home, body front
- 3 Left heel in, twist body to left (1/8)
- 4 Left heel home, body front
- 5 Right toe out, twist body to right (1/8)
- 6 Right toe home, body front
- 7 Left toe out, twist body to left (1/8)
- 8 Left toe home, body front
- 9 Right heel in, twist body to right (1/8)
- 10 Right heel home, body front
- 11 Left heel in, twist body to left (1/8)
- 12 Left heel home, body front

CHA-CHA WITH TURNS

- 13&14 Cha-cha forward (right, left, right)
- 15&16 Cha-cha with 1/2 turn to right (left, right, left)
- 17&18 Cha-cha with ¹/₂ turn to right (right, left, right)

1/2 TURN, FORWARD CHA-CHA

- 19 Step forward on left
- 20 1/2 pivot turn to the right
- 21 Touch left toe to the left
- 22 Touch left heel to the left
- 23&24 Cha-cha forward (left, right, left)
- 25 Touch right toe to the right
- Touch right heel to the right 26
- 27&28 Cha-cha forward (right, left, right)

SCUFFS, TOE TAPS, FORWARD CHA-CHA

- 29 Scuff left foot forward
- 30 Scuff left foot back, cross over right
- 31-32 Tap left toe twice on the outside of right foot
- 33&34 Cha-cha forward (left, right, left)
- 35 Scuff right foot forward
- 36 Scuff right foot back, cross over left
- 37-38 Tap right toe twice on the outside of left foot
- 39&40 Cha-cha forward (right, left, right)

ROCK, CHA-CHA, ROCK

- 41 Left foot cross in front of right
- 42 Rock back on right
- 43&44 Left cha-cha in place
- 45 Right foot cross in front of left
- Rock back on left 46





墙数:2

4 CHA-CHA'S WITH FULL TURN, STOMP RIGHT, LEFT

- 47&48 Cha-cha (right, left, right) starting a full turn to the right
- 49&50 Cha-cha (left, right, left) turning right
- 51&52 Cha-cha (right, left, right) turning right
- 53&54 Cha-cha (left, right, left) completing the turn (facing wall # 2)
- 55 Stomp right
- 56 Stomp left

REPEAT