

My Only Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Chad Manson (UK)
音乐: Only Love - Trademark

级数: Intermediate nightclub



STEP, ROCK & ½ RIGHT, FORWARD, ¼ RIGHT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, ½ RIGHT, CROSS

- | | |
|-----|--|
| 1 | Step left forward |
| 2&3 | Rock right forward, recover onto left, making ½ turn right step right forward |
| 4&5 | Making ¼ turn right rock left to left, recover onto right, cross left over right |
| 6&7 | Rock right to right, recover onto left, cross right over left |
| 8&1 | Making ¼ turn right step left back, making ¼ turn right step right to right, cross left over right |

RECOVER, SIDE, CROSS SHUFFLE, ¼ RIGHT, ½ RIGHT, FORWARD, RECOVER

- | | |
|-----|--|
| 2-3 | Recover onto right, step left to left |
| 4&5 | Cross right over left, step left to left, cross right over left |
| 6& | Making ¼ turn right step left back, making ½ turn right step right forward |
| 7-8 | Rock left forward, recover onto right |

BACK, DIAGONAL RIGHT BACK SHUFFLE, DIAGONAL LEFT BACK SHUFFLE, SWAY TWICE, FULL TURN RIGHT

- | | |
|-----|---|
| 1 | Step left back to left diagonally (you should be facing right diagonally at 1:00) |
| 2&3 | Still facing 1:00, step right to right, lock left over right, step right to right |
| 4&5 | Turning ¼ turn left (facing 11:00) step left to left, lock right over left, step left to left |
| 6-7 | Step and sway right to right sway left to left (while swaying square off to 12:00) |
| 8&1 | Making ¼ turn right step right forward, making ½ turn right step left back, making ¼ turn right step right to right |

CROSS ROCK, ¼ LEFT FORWARD, WALK, WALK, LUNGE, RECOVER, ½ RIGHT STEP, FORWARD, WALK

- | | |
|-----|--|
| 2&3 | Cross left over right, recover onto left, making ¼ turn left step left forward |
| 4&5 | Step right forward, step left forward, lunge right forward |
| 6&7 | Recover onto left, making ½ turn right step right forward, step left forward |
| 8 | Step right forward |

REPEAT

RESTART

During wall 3, do first 8 counts, then restart dance facing 9:00

During wall 7, do until count 25 (full turn right), drag left toe towards right foot on 1 count, then restart dance facing 6:00

TAG

After wall 6, facing 6:00, sway hips left right left right

ENDING

During wall 8, after full turn right, cross left over right, unwind ½ turn right to face front wall