

Nashville Kick

拍数: 32 墙数: 4 级数: Improver
编舞者: Cindy Truelove (AUS)
音乐: Nashville Cats - John Sebastian



KICK RIGHT (TWICE), ROCK BACK ON RIGHT, STEP ON LEFT

- 1-2 Kick right to front twice
- 3 Rock slightly back on right while lifting left
- 4 Step on left in home place

RIGHT 45, TOGETHER, LEFT 45, TOGETHER

- 5-6 Touch right heel forward at 45 degrees, step right next to left (end weight on right)
- 7-8 Touch left heel forward at 45 degrees, step left next to right (end weight on left)

ROCK FORWARD RIGHT, BACK LEFT, BACK RIGHT, FORWARD LEFT

- 9-10 Rock forward on right, step back on left in place
- 11-12 Rock back on right, step forward on left in place

STEP RIGHT FORWARD, TURN ¼ LEFT, TOUCH LEFT NEXT TO RIGHT, STEP LEFT TO SIDE, TOUCH RIGHT NEXT TO LEFT

- 13 Step forward on right
- 14 Turn ¼ left and touch left next to right
- 15 Step left to side
- 16 Touch right next to left

POINT RIGHT TO SIDE, SLAP, POINT RIGHT TO SIDE, STOMP

- 17-18 Point right toe to side, slap right boot with left hand (behind left knee)
- 19-20 Point right toe to side(heel off floor), step right heel down (end weight on right)

POINT LEFT TO SIDE, SLAP, POINT LEFT TO SIDE, STOMP

- 21-22 Point left toe to side, slap left boot with right hand (behind right knee)
- 23-24 Point left toe to side(heel off floor), step left heel down (end weight on both feet with toes pointed out)

POINT TOES IN, HOLD, HEELS TOGETHER, HOLD

- 25-26 Point both toes in and hold one count
- 27-28 Bring both heels in and hold on count

TWO HEEL SPLITS

- 29-30 Keeping toes together and weight on the balls of both feet, push heels apart, then bring them back together
- 31-32 Repeat steps 29-30

REPEAT
