

Nashville Waikiki Express (NW Express)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数:
编舞者: Holly Susan (Boots) Groeschel (USA) & David Groeschel (USA)
音乐: Baby Likes to Rock It - The Tractors



To "hit the breaks", count 3 sets of 8 from the start of the drums. On that 3rd set, call 5,6,7,8 (you can hear vocals counting in background).

STOMP AND PULLS

- 1 Stomp right foot to right side
- 2-3 Pull & drag right foot in next to left
- 4 Put weight on right and clap
- 5 Stomp left foot to left side
- 6-7 Pull & drag left foot in next to right
- 8 Put weight on left foot and clap

PIVOT TURN WITH CHUGS

- 1-2 Touch right foot forward, push off ¼ turn left keeping weight on left foot as you chug
- 3-4 Repeat 1-2
- 5-6 Repeat 1-2
- 7-8 Repeat 1-2 (you've done 4 chugs & are back facing 12:00)

Arms can be moved in a circular motion like train wheels.

TOE TOUCHES

- 1 Point right toe inward to the instep of the left foot
- 2 Step on right foot beside left
- 3 Point left toe inward to the instep of the right foot
- 4 Step on left foot beside right
- 5 Repeat step #1
- 6 Repeat step #2
- 7 Repeat step #3
- 8 Repeat step #4

JAZZ BOX AND HEEL SWIVELS

- 1 Step crossing right foot over left
- 2 Step straight back with left foot
- 3 Step to the right side with the right foot
- 4 Stomp left foot next to right foot and clap
- 5 Both feet swivel heels to the right
- 6 Both feet swivel heels back to the center
- 7 Both feet swivel heels to the left
- 8 Both feet swivel heels back to the center

ROMP STEP, KICK, & TRIPLE STEP

- 1 Hop back on left foot and put, your right heel forward at a 45 degree angle (weight is on left foot)
- 2 Both feet hop to center (home)
- 3 Hop back on right foot and put your left heel forward at a 45 degree angle (weight is on right foot)

- 4 Both feet hop to center (home)
- 5-6 Kick right foot forward (about 6" high) twice
- 7&8 Triple step in place (right, left, right)

HOPS

- 1-2 Hop forward both feet
- 3-4 Hop backward both feet
- 5-6 Hop left both feet
- 7-8 Hop forward with a $\frac{1}{4}$ turn to the right both feet

REPEAT
