Need To Know

拍数: 32

级数: Improver

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音乐: I Need to Know - Marc Anthony

ROCK FORWARD, RECOVER, TRIPLE, ROCK BACK, RECOVER, TRIPLE

- 1-2 Rock forward on right foot, recover back on left
- 3&4 Triple in place (right, left, right)
- 5-6 Rock back on left, recover forward on right
- 7&8 Triple in place (left, right, left)

WALK RIGHT, WALK LEFT

1-4 Turn body angled at 2:00 and walk right, left, right, touch left toe

This is to be a very Latin look, so put right hand on your stomach and put your left hand out to the left and bounce with the walk

5-8 Turn body angled at 10:00 and walk left, right, left, touch right toe

This time put left hand on stomach and right hand out to the right

ROCK FORWARD, RECOVER, TRIPLE TURN RIGHT, ROCK FORWARD, RECOVER, TRIPLE IN PLACE

- 1-2 Rock forward on right foot, recover back on left
- 3&4 Make a half turn to the right doing a triple step (right, left, right)
- 5-6 Rock forward on left, recover on right
- 7&8 Triple step (left, right, left)

SCISSOR STEPS, UNWIND FULL TURN, TWIST HEELS

- 1 Right foot across left and step
- & Left foot steps slightly to left
- 2 Place right heel diagonally out at 2:00
- & Right foot steps beside left
- 3 Left foot across right and step
- & Right foot steps slightly to right
- 4 Place left heel diagonally out at 10:00
- & Left foot steps beside right
- 5 Right foot across left and step
- 6-7 Unwind a full turn
- &8 Twist heels to the left (&), then right (8)

REPEAT





墙数:2