Never Felt This Way



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Tony Tavernor

音乐: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



MAMBO FORWARD, BACK, SIDE AND SIDE

1&2-3&4 Mambo forward and back on right foot, back and together on left 5&6-7&8 Mambo side and together on right, side and together on left

CHASSE RIGHT, PADDLE TURN ¾, CHASSE LEFT, PADDLE TURN ¾

1&2-3&4 Chasse right, left, right, turn ¼ right and ½ right touching left out to side 5&6-7&8 Chasse left, right, left, turn ¼ right and ½ right touching right out to side

BACK, LOCK, BACK, ½ SHUFFLE TURN, ¼ SHUFFLE TURN, KICK AND POINT

1&2-3&4 Back right, lock left, back right, shuffle ½ turn left, right, left over left shoulder 5&6-7&8 Shuffle ¼ turn right, left right over left shoulder, kick left, step left, point right to side

KICK AND POINT, TRIPLE FULL TURN, CROSS ROCK SIDE TWICE

1&2-3&4 Kick right, step right, point left to side, triple full turn left, right, left over left shoulder

5&6-7&8 Cross right in front of left, rock back on left, step right to side, cross left in front of right, rock

back on right, step left to side

STEP, STEP, KICK X 4

1&2-3&4 Step right, left, kick right, (click fingers at same time as kick), repeat

5&6-7&8 Repeat 1&2, 3&4

SAILOR 1/2 TURN, SHUFFLE, HIP BUMPS

1&2-3&4 Sailor ½ turn over right shoulder right, left, right, shuffle left, right, left

5&6-7&8 "C" bumps, up and down and up and touch right

REPEAT

RESTART

On 5th wall: dance up to count 32 left cross and side then start again

On 8th wall: dance up to count 28 triple full turn over left shoulder, then start again