New Country Mixer (P)



编舞者: jg2 (USA) 音乐: Unknown



Position: Progressive down LOD, dancing skater's position (side-by-side, man to lady's left, left hands together in front mid-chest of man. Man's right arm behind his lady, holding her right hand which is placed on her right hip, palm up)

When teaching this dance, have couples all facing same direction.

TRAVELING FORWARD

1-3 Walk forward right, left, right

4 Kick left forward

TRAVELING BACKWARD

5-7 Walk back left, right, left

8 Stomp right beside left (weight even)

TOE-HEEL SWIVELS (BOOGIE FEET TRAVELING TO RIGHT)

Feet together, weight on heels of both feet, move toes to right Feet together, weight on balls of both feet, move heels to right Feet together, weight on balls of both feet, move toes to right Feet together, weight on balls of both feet, move heels to right

DIAGONAL STEP SLIDE

Step left forward 45 degrees left
Slide step right beside left
Step left forward 45 degrees left

16 Scuff right beside left

STEP & SCUFF

Step right to right side
Scuff left beside right
Step left to left side
Scuff right beside left

1/4 TURN

(Facing outside dance floor, man behind lady & to her left)

21 Making ¼ turn right, step right

Scuff left beside right
Step left to left side
Scuff right beside left

SIDE CHANGE

Man-holding partner's right hand, release partner's left hand,

25-27 Stepping in place, facing outside, step right, left, right

28 Scuff left beside right lady-holding partner's right hand, release partner's left hand,

25 Step forward on ball of right and spin ½ turn right (face inside)

26 Step down on left beside right

Step right beside leftScuff left beside right

MAN RELEASES RIGHT HAND ON STEP #30 AND RE-GRASPS ON STEP #32

29 Step forward on left (angling foot slightly to face left) 30-31 Making ¾ turn left (to face RLOD), step right, left

32 Scuff right beside left

LADY-RELEASE RIGHT HAND ON STEP #30 AND RE-GRASP ON STEP #32

29 Step forward on left (angling foot slightly to face left) 30-31 Making ¾ turn left (to face LOD), step right, left

32 Scuff right beside left

TRAVELING

MAN (FACING RLOD)-TRAVELING TO THE RIGHT

33-35 Releasing partner's hand, step right, left, right 45 degrees right

36 Scuff left beside right as you touch next lady's left hand with your left hand

LADY (FACING LOD)-TRAVELING TO THE LEFT

33-35 Releasing partner's hand, step right, left, right 45 degrees right

36 Scuff left beside right as you touch man's left hand with your left hand

MAN (STILL FACING RLOD)-TRAVELING TO THE RIGHT

37-39 Continuing to next lady, step left, right left 45 degrees to left

40 Scuff right beside left as you take lady's right hand with your right hand

LADY (STILL FACING LOD)-TRAVELING TO THE LEFT

37-39 Continuing to next man, step left, right, left 45 degrees to left

40 Scuff right beside left as you take man's right hand with your right hand

SIDE CHANGE

MAN (TRAVEL AROUND BACK OF LADY TO HER LEFT SIDE TO RETURN TO SKATER'S POSITION)

41-43 Stepping right, left, right, making ½ turn right to face LOD

44 Step on left beside right

LADY (FACING LOD, RETURN TO SKATER'S POSITION)

41-43 Step right, left, right, to right side

44 Step on left beside right

ROCK STEPS

MAN & LADY (IN SKATER'S POSITION)

45 Step forward on right
46 Rock back on left
47 Step back on right

48 Rock forward on left (weight)

REPEAT