Nice N' Easy

拍数: 32

级数: Beginner

编舞者: Barrie R. Godfrey (UK)

音乐: Unburn All Our Bridges - Josh Turner

ROCK FORWARD, RECOVER, RIGHT SHUFFLE BACK, ROCK BACK RECOVER, FULL TURN FORWARD

- 1-2 Rock forward on right, recover weight onto left
- 3&4 Right shuffle back, stepping right, left, right
- 5-6 Rock back on left, recover weight onto right
- 7-8 Make full turn over right shoulder, stepping forward left, right

STEP LOCK, LEFT SHUFFLE FORWARD, STEP QUARTER TURN, RECOVER, ROCK

- 1-2 Step forward on left, lock right behind left
- 3&4 Left shuffle forward stepping left, right, left
- 5-6 Step forward on right while making ¹/₄ turn left, recover weight onto left
- 7-8 Rock weight onto right, rock weight back onto left

CROSS SHUFFLE, HINGE HALF TURN RIGHT, CROSS SHUFFLE, STEP QUARTER TURN, STEP

- 1&2 Cross step right over left, step left to left side, cross step right over left
- 3-4 Step left to left side, hinge ½ turn right stepping right to right side
- 5&6 Cross step left over right, step right to right side, cross step left over right
- 7-8 Step right to right side, making ¼ turn left, step left to left side

ROCK FORWARD, RECOVER, WALK BACK, ROCK BACK, RECOVER, LEFT ¾ TURN

- 1-2 Rock forward on right, recover weight onto left
- 3-4 Walk back on right, left
- 5-6 Rock back on right, recover weight onto left
- 7-8 Make ³⁄₄ turn over left shoulder stepping right, left

REPEAT





墙数:4