拍数： 0
壇数： 1
级数：Improver
编舞者：Knox Rhine（USA）
音乐：Twistin＇the Night Away－Scooter Lee

| Sequence：A，A，B，A，B，A |  |
| :--- | :--- |
| SECTION A（96） |  |
| DOUBLE SHIMMY RIGHT |  |
| 1 | Step to right side with right foot |
| $2-3$ | Shoulder shimmies |
| 4 | Place left foot next to right foot |
| 5 | Step to right side with right foot |
| $6-7$ | Shoulder shimmies |
| 8 | Place left foot next to right foot |

DOUBLE SHIMMY FORWARD
9 Step forward with left foot
10－11 Shoulder shimmies
12 Touch right toe next to left foot
13 Step forward with right foot
14－15 Shoulder shimmies
16 Touch left toe next to right foot

## DOUBLE SHIMMY LEFT

17
18－19
20
21
22－23
24

Step to left side with left foot
Shoulder shimmies
Place right foot next to left foot
Step to left side with left foot
Shoulder shimmies
Touch right toe next to left foot

DOUBLE SHIMMY BACKWARDS
25 Step back with right foot
26－27 Shoulder shimmies
28 Touch left toe next to right foot
29 Step back with left foot
30－31
32
Shoulder shimmies
Touch right toe next to left foot
RUNNING GRAPEVINE RIGHT，BRUSH
33 Step to right side with right foot

Step to right side with right foot
Step across in front of right leg with left foot
Step to right side with right foot
Step across behind right leg with left foot
Step to right side with right foot
Brush left toe forward

## CAMEL WALK, TURNING BOX

49

## CAMEL WALK TURNING BOX

57 Step forward-right with right foot
58 Slide-lock left foot up behind right foot
59 Step forward-right with right foot
60 Step forward with left foot
61 Step across in front of left leg with right foot
62 Step back onto left toe
63 Pivot $1 / 2$ turn right on ball of left foot, stepping forward with right foot
64
Step together with left foot
LEFT HEELS, TOES, HEELS, TOES
65 Move both heels to left side
66 Move both toes to left side
67 Move both heels to left side
68 Moves both toes to left side
RIGHT TOES, HEELS, TOES, HEELS
69 Move both toes to right side
70 Move both heels to right side
71 Move both toes to right side
72 Move both heels to right side
LEFT HEELS, HOLD, TOES, HOLD, HEELS HOLD, TOES, HOLD
73-74 Moves both heels to left side, hold/clap
75-76 Move both toes to left side, hold/clap
77-78 Moves both heels to left side, hold/clap
79-80 Move both toes to left side, hold/clap
RIGHT TOES, HEELS, TOES, HEELS
81 Move both toes to right side
82 Move both heels to right side
83 Move both toes to right side
84 Move both heels to right side
LEFT HEELS, TOES, HEELS, TOES

Move both heels to left side

# RIGHT TOES, HOLD, HEELS, HOLD, TOES, HOLD, HEELS, HOLD 

89-90 Moves both toes to right side, hold/clap
91-92 Move both heels to right side, hold/clap
93-94 Moves both toes to right side, hold/clap
95-96 Move both heels to right side, hold/clap

## SECTION B (64)

TWISTING $1 ⁄ 2$ TURN LEFT
1 Step forward onto ball of right foot
2-8 Twist left and right on the balls of both feet completing $1 / 2$ turn left on count 8

## TWIST LEANING FORWARD

9-16 Continue twisting left and right and slowly lean forward with upper body
TWIST LEANING BACK
17-24
Continue twisting left and right and slowly lean backwards with upper body
WIGGLE DOWN, DOWN, UP, UP, DOWN, DOWN, UP, UP
25-26 With weight on both feet, shake shoulders and lower body down
27-28 Continue shoulder shakes and raise body up
29-30 Continue shoulder shakes and lower body down
31-32 Continue shaking shoulders and raise body up

## TWIST LEANING FORWARD

33-40 Resume twisting left and right and slowly lean forward with upper body
TWIST LEANING BACK
41-48
Continue twisting left and right and slowly lean backwards with upper body
STEP-SLIDE LEFT, STEP-SLIDE RIGHT
$49 \quad$ Step to left side with left foot
50-52 Slide right toe next to left foot
53 Step to right side with right foot
54-56 Place left foot next to right foot
TWISTING $1 ⁄ 2$ TURN LEFT
$57 \quad$ Step forward onto ball of right foot
58-64 Twist left and right on the balls of both feet completing $1 / 2$ turn left on count 64
REPEAT FROM SECTION A

