No Angel

拍数: 32

级数: Improver

编舞者: Fran Thomas (USA)

音乐: You Are No Angel - Mervyn J. Futter

BRUSH RIGHT FORWARD, AND ACROSS, TAP TOES; DIAGONAL FORWARD, SLIDE, FORWARD, TOUCH

- 1-2 Brush right foot forward and across left foot
- 3-4 Tap right toes (across left foot) 2 times
- 5-6 Step forward diagonally to the right with right, slide left up
- 7-8 Step forward diagonally with right, touch left next to right

SIDE STEP, HOLD; ½ LEFT, HOLD; ½ RIGHT, HOLD, ½ LEFT, HOLD

- 1-2 Step to left side, hold (1) count
- 3-4 Pivot ¹/₂ turn left (on ball of left foot) stepping right to side, hold (1) count
- 5-6 Pivot ½ turn right (on ball of right foot) stepping left to side, hold (1) count
- 7-8 Pivot ¹/₂ turn left (on ball of left foot) stepping right to side, hold (1) count

On steps 3-4, 5-6, keep your eyes at the left wall (9:00), just turn your body

FORWARD, LEFT, HOLD; FORWARD, RIGHT, HOLD; FORWARD, LEFT, RIGHT LEFT, HOLD

- 1-2 Step forward on left and hold (1) count
- 3-4 Step forward on right and hold (1) count
- 5-8 Step forward left, right, left; hold (1) count

The above steps are similar to the couples Texas Two Step, with a slow, slow, quick, quick, quick steps

DIAGONAL, BACK RIGHT, SLIDE LEFT ACROSS RIGHT; ROCK; STEP-BACK-TURN ¼ LEFT, STEP FORWARD

- 1-2 Step back on diagonal with right and hold (1) count
- 3-4 Slide left back across right and hold (1) count
- 5-6 Rock back on right, recover forward on left
- 7-8 Side step on right, pivoting on ball of foot ¼ left, step forward with left

REPEAT





墙数:4