

# No Brakes

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Christopher Petre (USA) & Junior Willis (USA)  
音乐: No Brakes - Hot Rize



Showcased in the Saturday Evening Show at jg2's 2006 Line Dance Marathon

## HEEL & HEEL &, HEEL & HEEL &, STEP ½ TURN, CROSS & KICK

1&2&      Touch right heel forward, step right in place, touch left heel forward, step left in place  
3&4&      Touch right heel forward, step right in place, touch left heel forward, step left in place  
5-6      Step forward onto right, turn ½ left stepping onto left to face rear wall (6:00)  
7&8      Cross step right over left, step diagonally back onto left, kick right diagonally forward

## ROCK, RECOVER, SIDE, BEHIND, SIDE, FRONT, KICK-HITCH-CROSS

1-2      Rock back onto right, recover weight onto left  
3-4-5-6      Step right to side, step left behind right, step right to side, cross left over right  
7&8      Kick right foot to side, hitch right knee, cross right over left

**For emphasis, hold on count 7 and do the kick-hitch-cross on the counts "&a8"**

## DUCK, TURN OUT, STEP ¼ TURN, CROSS ROCK, RECOVER, ¼ TURN SHUFFLE

1      Turn ¼ right facing side wall (3:00) stepping back onto left (butt goes first)  
2      Turn ½ right facing opposite side wall (9:00) stepping forward onto right  
3-4      Step forward onto left, turn ¼ right (6:00) stepping onto right  
5-6      Cross rock left over right, recover weight back onto right  
7&8      Turning ¼ left (3:00) shuffle forward left, right, left

## STEP ¼ TURN, CROSS, POINT, CROSS, POINT, (KNEE BEND) DOWN, UP

1-2      Step forward right, turn ¼ left (6:00) stepping onto left  
3-4      Cross right over left, point left toe out to left side  
5-6      Cross left over right, point right toe out to right side  
7      Keeping toe out, turn ¼ right (3:00) bending at knees (back straight) bringing elbows up  
8      Push arms downward and stand upright keeping weight back on left

## REPEAT

## FINALE

The dance ends 8 counts into the 11th wall; this is the 3rd time starting from the rear wall. Instead of kicking on count 8, just place your heel forward ("heel jack"). Arms out and pose