No Denial

拍数: 40

级数: Intermediate

编舞者: Maureen Jones (UK) & Michelle Jones (UK)

音乐: Guilty - Blue

FULL TURN, WALKS, MAMBO, COASTER

- 1-2 Step right forward, on ball of right make full turn left and hook left across right
- 3-4 Walk forward left, right
- 5&6 Rock left forward, recover on right, step left beside right
- 7&8 Step right back, step left beside right, step right forward

STEP, ½ TURN, SHUFFLE, ¾ TURN, STEP, SWAY

- 9-10 Step left forward, on ball of left make 1/2 turn left and touch right beside left
- 11&12 Shuffle forward stepping on right, left, right
- 13-14 Make 1/4 turn right and step left to left, make 1/2 turn right and step right to right
- &15-16 Step left beside right, step right to right and sway right, step left to left

STEP, CROSS, SIDE, DIAGONAL BACK-ROCK-SIDE, DIAGONAL ROCK, BACK SHUFFLE

- &17-18 Step right beside left, step left across right, step right to right
- 19&20 Rock left behind right, recover on right, step left diagonally forward left
- 21-22 Rock right across left, recover on left
- 23&24 Sweep right out and step back, step left beside right, step right back

14 TURN POINT, 14 TURN, SHUFFLE, 14 TURN POINT, CROSS SHUFFLE, 34 TURN

- 25 Make 1/4 turn left and point left to left
- 26&27 Make 1/4 turn right and shuffle forward stepping left, right, left
- 28 Make 1/4 turn left and point right to right

On 5th wall only, dance count 28 as 'make ¼ turn left and touch right beside left', then restart the dance facing front wall

- 29&30 Step right across left, step left beside right, step right across left
- 31-32 Make 1/4 turn right and step left back, make 1/2 turn right and step right forward

STEP, WALKS, TOUCH, BACK, TOUCH, BACK, BACK ROCK

- Step left beside right, walk forward right, left &33-34
- 35-36 Touch right toe forward, step right large step back
- 37-38 Touch left toe slightly back, step left large step back
- 39-40 Rock back on right, recover forward on left

REPEAT



